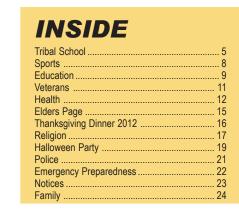
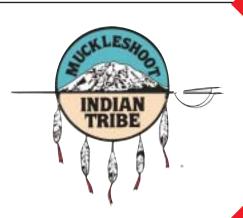
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# Muckleshoot MONTHLY



Vol. XIII No. IX

Muckleshoot Indian Reservation, Wash.

NOVEMBER 30, 2012

# Babe Eyle looks back ten years after breast cancer diagnosis

It's probably safe to say that there's no bigger fan of the Seattle Mariners than Babe Eyle. Babe lives and breathes baseball and simply adores the home team. Some of our younger readers may not remember him, since it's been more than a decade since he retired, but slugging right fielder Jay Buhner was one of the most popular players in Mariner history. Known for his shaved head, a special feature called "Buhner Buzz Cut Night" became one of the highlights of the Mariner season. Fans would stand in long lines to get their head shaved to match the buzz cut of their hero.



All the participants were men,

of course – that is, until one night a woman with long beautiful hair down to her waist took her place in line. That woman was Babe Eyle, and she was the first female ever to get a Buhner Buzz Cut. When the person wielding the shears saw her beautiful perfect hair, it was suggested that she donate it to Locks of Love, a non-profit that makes human hair wigs for children with cancer. Babe was happy to oblige.

A few years later, Babe herself would be the one with cancer. On the day before Thanksgiving in 2002 she was diagnosed with breast cancer and subsequently underwent extensive treatment. Babe's biggest regret at the time was that she had spoiled the holidays for her large close-knit family.

According to the Fred Hutchinson Cancer Research Center, one in eight women will be affected by breast cancer in her lifetime. This is a frightening statistic, but the good news is that, with early detection, it has become a highly curable disease. This Thanksgiving marked the 10<sup>th</sup> anniversary of Babe's cancer diagnosis, and she is still among us, weak of body but strong of heart, bent but never broken. She has a few words she would like to share:

In a few days, it will be ten years since I've been diagnosed with breast cancer, ten years ago on the day before Thanksgiving 2002. It's been a long ten years, I guess, but it really doesn't seem like that long ago, after I think about it. I don't really know where all the time went, but I'm glad that I'm still here and I'm thankful. I've been through a few health struggles since, but nothing that I can complain about.

I knew that there's a lot of people out there that were way worse off than I was at the time, when I thought it was bad for me, and I still feel the same way now, after all I've gone through. I wish I could help everybody that ever has to go through it. I wish I could help them in any way I could, because I've been there, and I think I could talk to somebody and give them some kind of hope and courage.

My mom and my brother were the ones that were with me all the way through, from the beginning. They brought me to chemo every day, and Selena, my granddaughter, took care of me. She was little, and she still took care of me. And my daughter, Sally, tried to help take care of me. Then my friends would come pick me up on the weekends, take me out or just come

The first time I cut my hair on Buhner Buzz Cut Night I donated it to *Locks of Love*, because it was long enough. I was the first female to ever do that. I did it without even knowing (that I would get cancer myself), so when I did get sick, it didn't even bother me to lose my hair. I guess I prepared myself for it, because my hair was really long when I shaved it for that first

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Muckleshoot Tribal Chairman Virginia Cross with President Bill Clinton

#### President Obama Wins Second Term

Although Muckleshoot really "rocked the vote" this year, it would be hard to say that we were the ones that put Barack Obama over the top. But, as has been proven time and again at local levels, the Native vote can tip a close election. The Tribal Council endorsed and supported the president this year, and members of the tribal community exercised their right to vote – for whomever they pleased – in large numbers.

Perhaps the most interesting aspect of this year's vote was that it was the first presidential election to take place since the U.S. became a "majority minority" country. This essentially means that people of color now represent a tad more than 50% of the population. We are now hearing that Hispanics are the most important "swing vote" in the country, and political analysts frequently mention the Native American vote – something seldom heard in times past.

In some parts of the country, people are having a difficult time accepting this new reality, but here in the Pacific Northwest, where we live in the midst of a beautiful rainbow of humanity, it seems only natural. People in this part of the country are not threatened by diversity. We are enriched by it, and this truly is what America is all about.

President Obama said it well in his victory speech on election night, when he stated that, "This country has more wealth than any nation, but that's not what makes us rich. We have the most powerful military in history, but that's not what makes us strong. Our universities, our culture are the envy of the world, but that's not what keeps the world coming to our shores.

What makes America exceptional are the bonds that hold together the most diverse nation on Earth – the belief that our destiny is shared; that this country only works when we accept certain obligations to one another, and



THE OBAMA FAMILY AT HOME: Michelle, Sasha, Barack and Malia.

to future generations; that the freedom which so many Americans have fought for and died for comes with responsibilities as well as rights, and among those are love and charity and duty and patriotism. That's what makes America great."

## Famed Treaty Rights Attorney Walter Echo-Hawk Visits MIT

It had been many years since Walter Echo-Hawk first set foot on the Muckleshoot Reservation. A young lawyer from the Native American Rights Fund (NARF), he came to help in one of the string of cases that made it clear to all that, contrary to what others believed, treaties still were the law of the land.

Those he worked with at that time — Virginia Cross, Marie Starr, members of the MIT legal staff and others who have since passed on were much younger then, too. But they remember, and the things they did when they were all young together helped create the world we know today on the Muckleshoot Reservation.

Walter Echo-Hawk, now a legendary elder statesman among treaty rights lawyers, visited Muckleshoot recently and was most generous with his time, speaking at the tribal school, college and other places.

The Tribal Council purchased many boxes of Echo-Hawk's most recent book, "In the Courts of the Conqueror: The 10 Worst Indian Law Cases Ever Decided" and they were given away free of charge at each event, signed by the author. The following are excerpts from Mr. Echo-Hawk's remarks at the Muckleshoot Tribal School:

I think back about the first time I came up into this country and it was a poor people at that time, but with very determined leadership that has brought the Muckleshoot people to where we are today. And I think that your tribe, and your leadership, and the leadership of those who have maybe gone on, of the older generation, provides an excellent example to all of Indian country of what can be done under good leadership.

In my mind, for a smaller tribe – my tribe's about the same size as this tribe – I've always looked at Muckleshoot as a model for nation-building. I think all of Indian Country can look to this reservation as a model for tribal development and to our national tribal leaders that come from here: Leo LaClair, who is a pioneer in the tribal sovereignty movement, Indian activism, from the very birth of the modern era of federal Indian law. And folks like Mr. Hoagie King George, and the late Levi Hamilton, and others that are no longer here and, of course, Virginia Cross, who is a widely regarded and widely respected tribal leader.

As Chairman Cross has mentioned, I was involved in the Muckleshoot water rights litigation in the White River, but not by myself, by any means, and I have to give some credit to this center table here. That is, I believe, Richard Reich (pointing to MIT attorney Richard Reich). Was it 1979 or 1980, Mr. Reich was the tribal attorney here? He was a red-headed attorney. And now, if you could rise and be acknowledged, I know you've got as much white head as I do. Mr. Richard Reich [applause] was the Muckleshoot tribal attorney at that time, a young man probably from Evergreen Legal Services.

And I have to pause for just a minute to say that Evergreen Legal Services, for those of you younger people, in the very birth of the modern era of federal Indian law in the late sixties, early seventies, there was a cadre of young and very talented attorneys here in Washington State and they went under this Evergreen Legal Services.

And they were the leading practitioners of federal Indian law at that time in our nation, on the cutting edge of our federal Indian law at that time, involved in the famous *United States v. Washington* fishing case, which made history, the so-called Boldt Decision, where all of the Puget Sound tribes,



Walter Echo-Hawk

including this tribe, were in federal court asserting their treaty fishing rights, their off-reservation usual and accustomed fishing rights that were secured by treaty.

And these attorneys, these Evergreen Legal Services attorneys, were right at the forefront, a very dedicated cadre of legal warriors at that time. And Mr. Alan Stay, who is with us at the table, is a legend in his time, and I want to acknowledge him as well as Mr. Reich.

But, at that time, I was a young man myself from NARF, the Native American Rights Fund. I was invited or asked to come out here. Richard Reich had filed this Muckleshoot case in federal district court, suing the Puget Sound Power and Light Company, a very rich and powerful diverter of water, diverting water from the White River to fill up Lake Tapps, let the water go out through its turbines, and it was destroying the salmon fishery of the Muckleshoot Tribe, the on-reservation fishery on the White River.

Well, Richard Reich asked me to come out, because he was leaving. I can't remember where you were going, but I sort of inherited that case. I walked into his office and there were papers piled up about this high, and I could just barely navigate through his office. And he handed me the case file

MUCKLESHOOT MONTHLY NOVEMBER 30, 2012



#### **Listening to the Muckleshoot Community**

As another year draws to a close and the holidays approach it is an appropriate time to pause and reflect on the tremendous progress the Tribe has made over the recent years. We have come a long way since the advent of gaming on the Reservation. Our new Tribal School, Early Childhood Education Center, Health and Wellness Center, Elders Center and Behavioral Health facility are but a few of the more notable measures of the progress we have made. The Tribal Council has worked hard on these and other important projects to meet the needs of our community and lay the foundation for a bright and prosperous future.

But meeting the needs of our tribal community is an evolving task. As our community grows and changes, so also do the needs of the community members. To help us better understand the state of the Muckleshoot community and needs of our members, and to respond appropriately, the Tribal Council has decided to undertake a demographic and needs assessment of the Muckleshoot community. When completed, this assessment will help guide resource allocation decisions in a way that best meets those identified needs.

The Tribal Council has retained the services of a local firm that specializes in this type of research. Working with the Tribal Council and staff this firm will help develop research protocol and recruit and train tribal members to work as ambassadors to conduct the survey. These well trained and properly supervised ambassadors will survey approximately 1,000 households on the Reservation. Surveys will be conducted door-to-door, on-line, on the telephone and at Tribal events. The ambassadors will be courteous, professional and equipped to answers questions that come-up.

In addition to basic demographic information, this project will help identify community needs in the areas of employment, education, health, housing, transportation, crime and public safety and related areas. This information will help the Tribal Council identify things such as:

- What kinds of jobs do tribal members want and how best to match education, training and economic development programs to those jobs?
- What are the housing needs of the Muckleshoot community? How can the Tribal Council meet the transportation needs of the com-

munity? Before beginning the survey process the consultant team will meet with Tribal Council and staff to help develop appropriate survey questions and

outline specific survey goals and timelines. We anticipate the survey taking 4-6 weeks to complete, after which results will be carefully analyzed. We will report back to the community after results are available.

We want to be responsive to our community and do all we can to meet the many important needs of tribal members. This survey will help us do iust that.





Please explain:

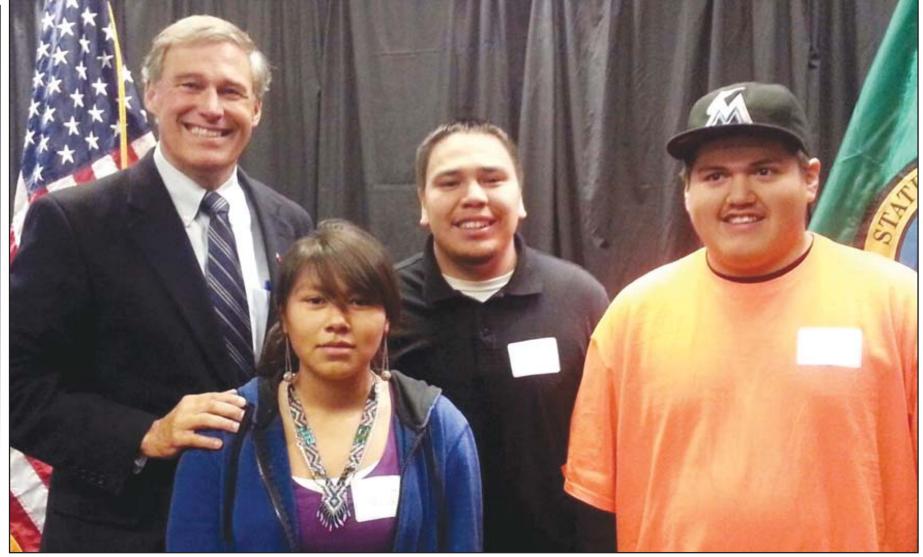
[ ] I have ties to the Muckleshoot Tribal Community

#### **Muckleshoot Monthly**

John Loftus, Managing Editor 39015 172nd Avenue SE Auburn, WA 98092 muckleshoot.monthly@yahoo.com

#### Muckleshoot Tribal Council

Virginia Cross, Tribal Chair Mike Jerry Sr., Vice Chair Virgil Spencer, Secretary Marcie Elkins, Treasurer Mark James Kerri Marquez Marie Starr Louie Ungaro Charlotte Williams



A MEMORABLE EXPERIENCE. Lucinda Moses, Ryan Elkins and Joey Anderson had a memorable experience when they attended a luncheon for Washington's Democratic gubernatorial candidate and former U.S. Congressman Jay Inslee on Saturday, October 27. They listened as Mr. Inslee talked about the future and his election contest with Attorney General Rob McKenna. The students had an opportunity to speak with him afterwards and have this picture taken. Jay Inslee is now the Governor-elect and will be sworn into office in January.



#### CURRENT & PAST TRIBAL COUNCIL MEMBERS

Ten current and former Tribal Council members were present at Bernice White's 91st birthday party several years ago. Front row, L-R: Virgil Spencer, Georgianna "Peachie" Ungaro, Bernice White, Gilbert "Hoagie" King George. Back row: Kerri Marquez, Virginia Cross, Marcie Elkins, Charlotte Williams, Marie Starr and Pete "Bucslah" Jerry.

#### **CANDIDATE LIST FOR** 2013 TRIBAL ELECTION

**Tribal Council** (3 Positions)

- ☐ Fawn James-Hutchens
- □ Nick Bennett
- ☐ Fay Moses ☐ Mike Jerry, Sr.
- ☐ Greg Swanson
- □ Virgil Spencer
- □ Valerie Bellack ☐ Todd LaClair
- ☐ Susan Starr
- ☐ Katherine Arquette ☐ Mike Edwards
- ☐ Phillip Hamilton
- ☐ Carl Moses, Sr. ☐ Angelica Roberts
- ☐ Linda Starr
- ☐ Mardee Rodrigues Danny Ames
- ☐ Dawn Miller
- Janet Emery
- Melvin Daniels
- ☐ Tammy Byars
- ☐ Charlotte Williams ☐ Tammy James

#### **School Board** (2 Positions)

- ☐ Anita Pedro
- ☐ Michele Rodarte
- □ Valerie A. Daniels
- ☐ Maryann Moses ☐ Elaine "Toots" Baker
- ☐ Rhonda Cabanas
- ☐ Greg Swanson
- Luella Sandoval
- ☐ Lillian Daniels

#### ☐ Sonja Moses-Tuilata

#### Walter Echo-Hawk continued from page 1

and said, "Good luck, see you later!" [laugh] He briefed me about the case and said, we need to reactivate it and get it moving in federal court.

And this was my first fishing rights case as a young attorney and thankfully, I was not alone in that case, because then very shortly, there showed up a young man named Mr. Rob Otsea. Rob is the current tribal attorney, along with these other legal warriors here at that table, and it was such a wonderful pleasure on my part to work with him.

This was in the days before computers, before Westlaw, before yellow sticky notes, and Rob Otsea and I and a third attorney, Jeff Schuster, were up against probably the largest law firm in the state. That's the Perkins Coie law firm, and they had us outgunned, outmanned, outresourced and they had a wealthy client and they executed a very strong defense when we went into federal court reactivating that White River case.

But, Rob was our secret weapon. He was our human computer before the Westlaw computers were invented. He knew federal Indian law and he was cool, calm and collected and provided great leadership in that case.

And so, it was a pleasure working with Rob on that case and we went on in the next four to five years through very extreme litigation on behalf of the Muckleshoot Tribe and our treaty rights to try to save that salmon fishery and restore the treaty fishing rights in the White River.

And by golly, we really gave a pound of flesh for the tribe, but ultimately were able to win, and today we have a salmon fishery in the White River. We have restored the in-stream flows, the spawning and rearing, and the transportation flows that are necessary to sustain that magnificent salmon, that race of salmon.

continued on page 3

#### PAULA PACHECO: We R here for U!

Hello, my name is Paula Pacheco. I am serving my second consecutive term on the Muckleshoot Personnel Committee. I would like to take this opportunity to express my gratitude to the Tribal Council for allowing me to serve on this committee. Being on the Personnel Committee has given me the chance to give back to my community. I am here to advocate and support our Tribal people and make sure they are given the chances they so much deserve.

I really do love what I do and it is by far the most fulfilling position I have ever held. I do believe the committee and its individuals are important to the tribe and its future growth. Each job opportunity that is



Paula Pacheco

made available for our tribal members opens the door for personal growth and strength within themselves to be the best that they can be.

And, just a lil FYI, when you see all of us sitting around the interview table, we r there for u, so please don't feel intimidated. If you need any assistance, please don't hesitate to reach out to our HR staff or myself. Our direct line to Human Resources is 253-876-3135.



In the Rising of the Sun, and in its going down,
We remember them.
When we are weary and in need of strength,
We remember them.
When we are lost, and sick at heart,
We remember them.
When we have joys we yearn to share,
We remember them.
So long as we live, they too shall live,
For they are now a part of us...
Because we remember them.

Although, this is a very difficult time for all of us, and we are saddened by the passing of, my mother, Vicki H. Newman, we would like to thank you for your presence, as this, helped to lighten our burden, and we were grateful to enjoy your company and hear your lovely memories.

Thank you Leroy Anderson, Barry Bard-Anderson, John R. E., Rhonda Allen, Jared Allen, Alfred Starr, Theresa Holt, Teri Starr, Pam Anderson-Jackson, Wally Jackson, Arvie & Jean Ward, Mike Starr, Roretti L. Andy, Marlene Cross, Steve & Sandy Heddrick, Jim Kirk, Kenny and Charlotte Williams, Hannah Lobehan-Banks, Leonard Moses & Jean Elkins, Judy Eklund, Lisa M. Starr & Joe Adams, Joseph Williams, Breanna Brown, Elaine D. G., Doris A. Allen, Arlena, Allannah and Shania Lobehan-Banks, Blas Lobehan, Virgil Spencer & Family, Marcie Elkins, Lola Elkins, Margie Williams, Connie Cheek, Buffalo Edith, and Scott McMillan. Some names were not legible and I apologize if I could not get the correct name or spelling. Please forgive me.

Moreover, we would like to thank our Muckleshoot family, Alfred White Eagle Sr., Ella Mae White Eagle, Martin White Eagle, Albert 'Bud' White Eagle Sr. and Penny A., Ben White Eagle, Tim White Eagle, Gail White Eagle, James White Eagle, Keith and Betsy White Eagle, Denise White Eagle, Jeremiah White Eagle, Victoria White Eagle, Jackie White Eagle, Deanna Guzman-White Eagle, Kristina Lobehan, Alex Moses, Earl Moses Sr., Martha Lobehan, Jesse Lobehan, Marilyn Lobehan and John Loftus, for the joy, and warmth you bring into our lives.

Naturally, we would like to extend our deepest gratitude to our Muckleshoot Tribal Council, Virginia Cross, Mike Jerry Sr., Virgil Spencer, Marcie Elkins, Mark James, Kerri Marquez, Marie Starr, Louie Ungaro, and Charlotte Williams, for accommodating the process and for covering the obligated funeral costs, both in Florida and Washington, in order to bring my mother, Vicki H. Newman, home to be with her Muckleshoot family.

Simultaneously, we'd like to thank Sandy Heddrick for your prayer services at the wake and the funeral, as well as your comforting counsel. God is with us all especially when we are mourning, and your presence in our lives makes that fact easier to remember and keep the faith. Thanks again.

Furthermore, we'd like to thank Jeremiah White Eagle, Leonard Wayne III, Mike Starr Sr., Tim White Eagle, for serving as Pall Bearers, your contribution to the services was a tremendous comfort. Next, we would like to thank the candle holders in the service for your influences to the services, which were an incredible comfort. I will be eternally grateful. Thank you

Obviously, we owe a big thank you for Marilyn Lobehan-White Eagle and the kitchen staff, my helpers in the kitchen were Alex Moses, Morgan Moses, Joel Moses, Kristina Lobehan, Elaine Daniels, Tammy Byers and Amy Walhalla for your thoughtfulness in helping with the food and guests at the services, and we are so very grateful for your helping hand in our time of need. Thank you very much, again.

Please forgive me if I have not mentioned your name, but please know that your presence was a blessing. Thank you all.

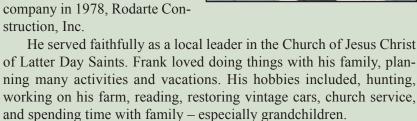
~ Gina Maria Hillesheim

#### WALKING ON

#### Frank Carmen Rodarte Sr.

Frank Rodarte Sr. of Enumclaw passed away on November 3, 2012. He was 62. Mr. Rodarte was born to Joseph and Mary Rodarte on January 13, 1950 in Olympia, WA and was raised in Enumclaw, WA. In his boyhood, he loved riding horses, fishing and swimming at the river. He also started working at the young age of 14.

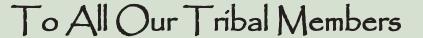
Frank was married to the love of his life, Shirley Diane Bruce of White Swan, WA, on July 27th 1968. Together they started their own construction company in 1978, Rodarte Construction Inc.



Survivors include his wife, Shirley Rodarte of Enumclaw, WA; sons Frank Rodarte Jr. (Melissa) of Enumclaw; Eric Rodarte of Sandy, UT; Jed Rodarte of South Prairie, WA; Jared Rodarte (Lanette) of Buckley, WA; Andrew Rodarte (Aaron Ann) of Orting, WA; and Dan Rodarte (Rebekah) of Enumclaw, WA; daughters Shiela Thomas (Greg) of Orting, WA; Crystal Durrant (Kevin) of South Prairie, WA; and Cim Houck of South Prairie, WA;

Brothers Jim Rodarte of San Antonio, TX; Joe Rodarte of Orting, WA; Robert Rodarte (Sheri) of Adna, WA; Roger Rodarte (Margaret) of Auburn, WA; Jerry Rodarte (Edna) of Enumclaw, WA; David Rodarte of Algona, WA; Mike Rodarte of Auburn, WA; sisters Bernice Heintzelman (Richard) of Napavine, WA; Virginia Johnson of Enumclaw, WA; Betty Auxier (Robert) of Jackson, OH; Shirley Sanchez of Auburn, WA; and Cheryl Jimenez (Chalo) of Algona, WA; as well as 28 Grandchildren.

Frank was preceded in death by parents, Joseph & Mary Rodarte, and four sisters, Erlinda Rodarte, Estella Carter, Evangeline Daniels and Mary Emery.



All of us in the Del Courville Sr. family are thanking everyone that came to his memorial, and also the ones that helped us by donating!!!Everything turned out "Perfect"! We had three tables full in the Mess Hall. We hope everybody that came received a gift!

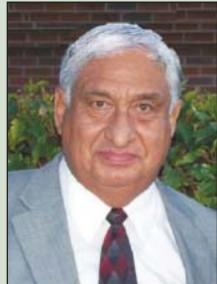
I'm so proud of my family. They all jumped in and helped with all the fundraising. They cooked, sold raffle tickets, washed cars. Even my little 8,9, 10 year-olds and teens walked around selling food and carrying signs that let people know what was on sale that day!

We can all be so proud of our Del Courville Sr.
Native People for getting together

when we lose a loved one, have memorials, pow-wows, stick games, etc. That we always get together as one, "Like we are all one family." This is something, that I as a Elder Native am very proud of. Our prayers go out to you all!!

Thank you,

Del Courville Sr. Family



#### Alicia Alexxis Courville

Alicia Alexxis Courville, 14 years old, of Auburn Washington, died Nov. 5, 2012 in Seattle. She was born June 12, 1998 in Renton, WA.

Alicia was a freshman at Enumclaw High School. An exceptional athlete, she excelled in basketball, softball, and boxing. She was an LA Lakers, Oakland Raiders, UW Huskies and Seattle Seahawks fan.

Alicia loved riding her quad, listening to music, talking/texting on her phone, and Facebooking. She believed in expressing herself honestly and through creativity. And she was against abusing drugs or alcohol.

Alicia will be remembered for her sassy sincerity, courage, wit, strength, loyalty, bright smile and beauty, and her fiery spirit.

She is preceded in death by her grandfather, Delwin Courville, Sr. in 2011.

Alicia is survived by her mother, Jessica Garcia of Auburn; father, Matthew Courville of Enumclaw; grandmothers Laurie Molina & Connie Courville, both of Auburn; grandfather, Carlos Garcia of Wichita, KS; sisters Olivia, Madrienne and Lauryn Courville, and Farrah Jones, all of Auburn

A funeral service was held, Thursday, Nov. 8, 2012 at the Muckleshoot Shaker Church with burial at the Courville Cemetery.

#### Thanks for your Support

Dear Muckleshoot Tribal Members/Community, Tribal Council, Close Family, and Friends,

Our family experienced a most painful loss Nov. 5, 2012. Through this heartbreaking time, we've received an incredible amount of prayers and sympathies, encouraging words and most generous donations. We'd like to take some time to acknowledge these things and send you our sincerest Thanks.

Our family is truly grateful for the love and support we've received from our community and we wanted to express our appreciation for everything. We sincerely cherished every word of support, every comforting embrace, every heartfelt donation.

We pray for blessings of good health and happiness for all Muckleshoot Tribal Members, Community, and staff.

Warm Regards,

Courville, García, and Ross Families

#### **Darlene Ambrosia**

Darlene Ann Ambrosia of Auburn, passed away November 4, 2012 at the age of 51 years. She was born to Marie and Carpa Ambrosia in Ketchikan, Alaska on August 15, 1961.

Darlene had a long association with the Muckleshoot Tribal Community and leaves behind many good friends. She served the tribe in various capacities over the years, includ-



ing cooking at the daycare center, working at the smoke shop and, most recently, as personal caretarker for Gene Brown.

She is survived by her children, Jason and Teasha; grandsons Hunter and Ethan; mother Marie; and siblings Ava, Carlene, Carpa, Eugene, Michael, Cheryl, Yvonne and Brenda, as well as numerous nieces & nephews.

Funeral services were held on Monday, November 12, 2012 at the Hill Funeral Home in Puyallup, Washington.

#### Walter Echo-Hawk continued from page 2

And I think that in restoring tribal habitat – so important to our hunting, fishing and gathering way of life that our ancestors gave to us – you're going to receive many blessings, not only for the Muckleshoot people in restoring and protecting your indigenous habitat. You arose from this habitat, your cultures, your songs, your history, your heritage, your ways of life, your relations to the natural world that the creator made for you.

You're going to have a blessing from that – from working to restore and protect your habitat. And it's good that you're able to do that – to have the courts recognize that – because our country, our nation needs to learn about a land ethic, an American land ethic about what our relationship as human beings is to the natural world and how we should comport ourselves in the 21st century to the natural world, the fish and the plants and the animals that comprise our habitat.

And so, when Indian tribes act to protect their habitats, not only here, but in other cases in the Pacific Northwest – I spent many years litigating for the Klamaths to protect their treaty hunting, fishing and gathering water rights, their habitat – that it forces our nation and our courts and our legal system to realize that fish need water and plants need water and deer and elk herds need water.

And to us, that's elemental, but to the non-Indian society, it's a major light bulb goes off, because they've forgotten long

ago how to relate to the natural world. That's why our country has no land ethic. America needs a land ethic.

If you go around the room and ask most of our fellow Americans, what is our land ethic; how should we comport ourselves to the natural world, to the animals and plants and to the waters, they couldn't give you an answer, because our nation has no clear land ethic. But, we sure need to develop one, and I think our native people — our hunters, our fishers, our gatherers, our spiritual leaders — have a lot to say about creating a truly American land ethic.

And so, your case on this White River and your concern and the resources that you put into defending that habitat not only helped your rights and your people and your cosmology and your foundation for your advances that you've made here, but it's also been important in the larger society as well, to help our country see that this is Mother Earth and we have to have a good relationship, and let these natural processes take place so that we can survive as human beings.

So, I was really very honored and privileged to be a part of that as a staff attorney with the Native American Rights Fund. It's something I look back upon with great gratification... the pioneering work that we did way back then when Rob and I were young and when Richard Reich had red hair.



The air is getting colder, the holidays are near, a time for celebration with those we hold so dear! Muckleshoot Indian Tribe invites you to join us for a festive holiday celebration!



Monday , December 17, 2012 six o'clock – nine o'clock pm Muckleshoot Pentecostal Church



P4 NOVEMBER 30, 2012 MUCKLESHOOT MONTHLY

#### 37th Annual American Indian Film Festival



SAN FRANCISCO, Calif – Time sure does fly. Those who remember Mike Smith, a Lakota, from his younger days in Seattle will find it hard to believe that 37 years have passed since he founded the iconic American Indian Film Festival in San

Francisco.
Year after year, the
AIFF has showcased re-

markable films, brought to life by Native actors and filled with the authentic detail that rings true with Native people. Each day of this year's nine-day festival was filled with films that were provocative, funny, educational, inspirational and more. As always, the festival was a meeting ground for tribal people from all over the U.S. and Canada and, in addition to films, numerous cultural gatherings were planned that brought people together.

The climax of the week is the Academy Awards-like Saturday night awards show that wraps up the festival. Co-hosts of the gala event were the beautiful Tonanztin Carmelo, known for her portrayal of Thunderheart Woman in Steven Spielberg's *Into the West*, and Evan Adams, better known as Thomas from the popular Sherman Alexie movie *Smoke Signals*.

Presentations of awards were interspersed with topnotch entertainment, including talented Lummi violinist and storyteller Swil Kanim. For many, the big event of the night was an appearance by American Indian Movement (AIM) co-founder Dennis Banks. Now in his 70's, Banks splits his time between his home at Minnesota's Leech Lake Reservation and his travels to every corner of the world.

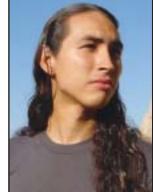
He has gained a large following in Japan, and was expected to perform with a Taiko group. They're the ones with the giant drums. Instead, however, he appeared with a small group of old friends, all very talented. Instead of giant drums, they played the regular kind – hand drums. Dennis is a pretty good singer and storyteller, so no one

was disappointed.

Those who follow the history of AIM know that he and Russell Means, the leaders of the 1973 Wounded Knee takeover, had become distant in recent years; but when Russell became gravely ill with throat cancer, Dennis returned to his side, and he shared the story with the film festival audience.

Refusing surgery that would've removed his larynx, the doctors told him Means to prepare to die. The throat cancer was cured, however, by Indian medicine, Banks said. Unfortunately, Russell Means did not survive a subsequent bout with lung cancer, the result of a lifetime of smoking. He was not the only close friend of Dennis's to succumb to lung cancer, and so he repeatedly urged the audience to avoid the deadly smoking habit

Just a few minutes later, Tatanka Means, the son of Russell, won the Best Supporting Actor award for his role in *Tiger Eyes*, a compelling film set in the canyonlands of the Southwest. He is a very tall and handsome young man (with a girlfriend to match), and he spoke very movingly about his father, who was also a noted actor. One of



Tatanka Means

the highlights of his life, Tatanka said, was when he got to work opposite his father in a movie and experience what a truly great actor he was.

The climax of the evening, the Best Picture award, went to the Canadian production *Mesnak*, a haunting film about a young aboriginal adoptee, an aspiring actor in Montreal, who returns to his home reserve in search of his identity and finds much more than he bargained for.

The Muckleshoot Tribe, as well as Puyallup and Stillaguamish Tribes, was a financial backer of this year's festival, which was attended by a contingent of Muckleshoot youth who found it to be a richly rewarding experience.

AUBURN
- The Washington Committee

for Employer Support of the Guard and Reserve (ESGR), a Department of Defense agency, recently honored Jesse McDaniel, Executive Director of the Muckleshoot Tribal Gaming Commission, with a Patriot Award in recognition of his extraordinary support of an employee serving in the United States Army Reserve.

According to Larry Kirchner, ESGR King County Chair, "The Patriot Award was created by ESGR to publicly recognize individuals who provide outstanding patriotic support and cooperation to their employees, who like the citizen warriors before them, have answered their nation's call to serve. Mr. McDaniel was nominated for being highly supportive of his employee, Lieutenant Edgar Nicolau, who is currently serving a one year deployment in Kuwait. Supportive supervisors are critical to maintain-



Jesse McDaniel and Jeffrey Sullivan of ESGR.

ing the strength and readiness of the nation's Guard and Reserve units."

The award was presented by Jeffrey C. Sullivan, former U.S. Attorney for the Western District of Washington.

TGA's Jesse McDaniel honored for support of Army Reserve



Left to right: Dawn Miller, Mardee Marquard, Eric Kirby, Marena Cross, Marcie Elkins, Jeff Sullivan, Melvin Daniels, Jesse McDaniel, KC Williams, Elisa Palko, Merle Barr and Kerri Marquez.

#### YOUTH ENJOY FILM FESTIVAL, TAKE IN THE SIGHTS OF SAN FRANCISCO

Donna Starr, Theresa Jerry and Joy Hamilton accompanied a group of youth to the American Indian Film Festival in San Francisco. They had a wonderful time, and it wasn't just all about seeing Native-made films. They also saw some of the sights of city. Here the group is seeing enjoying themselves at the Pier 39 Aquarium at Fisherman's Wharf. Left to right: Mirella Serrato, Lanae WhiteEagle, Donna Starr, Adam Pierce, Hannah Foulkes, Theresa Jerry and Virginia Marquez.



#### Muckleshoot Police Department now on Facebook



The Muckleshoot Police Department/ King County Sheriff's would like to announce that we have joined the social networking site—Facebook.

Since joining the ever popular site on September 14, 2012, we've had hundreds of "likes" and we hope to see that number grow. We feel that this is an excellent way to keep the Muckleshoot community informed of current police events that affect our community. We not only want to keep Tribal members informed of what's happening, but also want our page to be informative and educational.

A few things we would like to remind our page viewers to keep in mind: While we encourage comments, feedback and tips; we will not tolerate any derogatory, unprofessional or demeaning remarks. Those comments will be removed and you will be banned



from further posts. Photos of wanted subjects are for identification purposes and not for ridicule and/or mocking. We've created this page to keep the community informed and want to keep it professional.

Thank you for your understanding.

# MIT's Ken Lewis addresses Veterans Day gathering in Seattle



Ken Lewis

Today, Tribal Member Ken Lewis handles Realty matters for his tribe, but he had another life before returning to his home reservation. Twenty years of his life were spent in the U.S. Army. Ken was recently asked to deliver a Veterans Day address to a gathering of Native veterans at the Seattle Indian Health Board in Seattle, many of whom were homeless, having fallen on hard times since their military days. Here are the remarks Ken shared that day:

I am honored to be speaking to you on this special occasion to give tribute to our veterans. In case you all are not aware, this month is National Native American Heritage Month as proclaimed by President Obama.

This is a special day for me to be here because I am a veteran. I served with the First Cavalry Division in Viet Nam, namely in Troop B, 1st Squadron, 9th Cavalry Regiment with the scout platoon. And I thought only the Crows were scouts. My job was to take care of the helicopters that flew every day. These aircraft were called observation helicopters. They were

utilized to seek out the enemy before they found our troops. Much like the cavalry days, but instead of horses we used small helicopters.

The Army had nicknames for helicopters, I guess to honor the Native Americans. For example the Huey helicopter was an Iroquois, the CH-47 was a Chinook, the OH-13 was a Sioux, the OH-6A was the Cayuse, the UH-19 the Chickasaw, and of course you have heard of the Apache attack helicopter, the AH-64. I am most familiar with the Sioux and Cayuse aircraft because they were suited for our particular mission. I must say that the Defense Department had to have tremendous respect for our tenacity and fierce reputation to name helicopters after our tribes.

So, I had a firsthand look at the war in Viet Nam. We did not have front lines but we did have base camps, landing zones and fire bases that attracted attention from our adversary. Sometimes I was called to go out on missions to support our infantry platoon and I was always apprehensive about the mission because you did not know what to expect. Most often we just picked up weapons from enemy dead and sometimes took prisoners. This is a time when you learned to respect the infantry and the everyday hazards some us don't appreciate. My hat is always off to the wearer of the Combat Infantry Badge (CIB).

I spent a career in the Army and retired at age 39. I don't regret one day that I spent in uniform. Our tribe is proud to have a large number of veterans that participated in every armed action since WW I. We have a veteran's program that hosts an Inter-Tribal Warrior's Society that includes Native Americans from every tribe. The Warrior's Society gathers together during the month to provide an honor guard and burial squad for the National Cemetery located in Covington. We do this to honor the war dead and veterans that have passed on and are being laid to rest in the National Cemetery.

I would in particular like to give honor and mention to the Code Talkers. They were Native Americans that provided encoded messages between the fighting units, artillery support and higher headquarters. The enemy was unable to break the language used to talk in "code". Code talkers were first used in WW I by the Choctaw, in the 142d and 143d Infantry Regiments. The Defense Department saw the need for better signal security and stepped up their efforts to recruit Native Americans during WW II.

The Navajo tribe is widely known for their contribution in the Pacific Theater in WW II. A movie was made called "Wind talkers" to honor their heroism starring Nicolas Cage and Adam Beech. Other tribes participated in the code talker program, the Comanche, Oklahoma Cherokee, Kiowa, Seminole, Muscogee and the Pawnee serving with distinction in other war the-

aters such as the Philippines and the Aleutian Islands. It has only been fairly recently that the Defense Department has sought out the Code Talkers and gave them recognition.

Lastly, I want to bring out the service and sacrifices made by Native American women, one especially comes to mind.

Specialist Four Lori Ann Piestewa of the Hopi Tribe. Specialist Piestewa was assigned to the 507th Maintenance Company during the invasion of Iraq in March 2003. Part of a convoy to provide maintenance and support to combat vehicles they were ambushed with a "torrent of fire" as described by an Army investigator. Specialist Piestewa chose to outrun their pursuers while operating a Humvee until a rocket propelled grenade (RPG) exploded on her front wheel that caused a crash with three dead and three surviving. With a mortal head wound, specialist Piestewa died soon after. The survivors have stated the specialist Piestewa is the true hero and without her quick actions, the results might very well have turned out even worse.

The Army awarded Specialist Lori Ann Piestewa the Purple Heart and

the Prisoner of War Medal. Since her death the Arizona state government has renamed a mountain from Squaw Peak to Piestewa Peak in the Phoenix Mountains. A freeway that passes by this area has also been renamed in her honor. The Grand Canyon State Games have held an annual Lori Piestewa National



Ken in Vietnam

Native American Games, gathering many from across the country. Fort Benning, Georgia has renamed their Training and Sustainment headquarters Piestewa Hall in her honor.

Here is an example of a young person, a young woman who had her whole life ahead of her, who left behind two lovely children to serve her country, unselfishly and with a pure heart.

So it is with the veteran, who serves quietly and without fanfare, is always on call to go where he or she is sent.

So I salute you, the veteran, the war fighter, the warrior, the soldier, the sailor, the marine, the airman and the coast guardsman for your service, past, present, during war and in peace your presence is not forgotten.

## MTS students attend WASC Leadership Conference



PASCO, Wash. - On October 12, eleven Muckleshoot Tribal School students departed to Pasco WA to attend the Washington Associations of Student Councils (WASC) Leadership Conference. These students had no idea how their lives were going to be forever changed.

Upon arrival, our students were nervous and didn't know what to expect. Little did they know that they were going to create lasting memo-

ries and meet over 1,000 students from schools all over Washington State. During the three day event, our students had the opportunity to listen to

speakers who discussed topics on teen issues, driving safety, drinking and driving, and service to others. The students participated in fun ice breaker

activities and assisted in a service project where they created fleece no tie blankets to donate to local communities. They attended small group workshops on how to build school spirit, become a leader, lead school service projects, and facilitate fundraising.

Our students were split up individually and stayed with students from different schools in host families from the Tri-Cities community. They had the opportunity to build relationships with other students during their time spent

staying with the host families and during the WASC conference.



On Saturday night, October 13, the entire WASC conference participated in activities such as a large group dance activity on the football field, a dance, playing on bouncy toys, playing laser tag, and watching a movie. My heart was truly touched when I saw our students breaking out of their shells to meet and interact with students from all across Washington State.

#### **Comments from our MTS students** regarding WASC:

"I cried when I listened to the speaker because it reminded me of my mom."

- "I loved the speakers and we need them at our school!"

- "I would like to go back to WASC again and I had a nice host family."
- "I used to be really shy, but with my host family I was really outgoing."
- "I made a lot of new friends and I danced my butt off!"
- "I experienced talking to new people and having more school spirit!"
- "My experience was AWESOME at WASC!"
- "WASC brought a lot of us together and the speakers were really inspirational. It made me want to do well and cherish the people we have in our lives."



#### Goals that our students set for the 2012/2013 school year:

- To make lunch activity games for school. I would like to have vending machines for school. I would like to have loud pep assemblies like at the conference.
- One goal this year is to actually try to be a leader and get more active in
- To help our school become a better community and try to help us be
- One goal I want to achieve is to start an ASB for our school and be a
- One of my goals is to pass sophomore year with all A's and go to many leadership conferences.
- My goal I want to achieve as being a leader this year is to get people to be happy and feel good while being here at MTS.
- Stay in ASB for three years and not bully people.

Students that attended the conference include: John Jackson, Tomas Evangelista, Danny White, Charles Starr, William Allen, Kenny Louie, Benjamin Lazzar, Kacey Heffington, Jenel Hunter, Brianna Carranza, Cecilia Delgado

Staff: Gina Coheley & Angela *TurningRobe* 





Parents/Guardians,

Here is the remainder 8 of the 15 from the 15 Basic Rules of Parenting.

C. Michael Aaron, Superintendent of the Muckleshoot Tribal School

### 15 Basic Rules Of Parenting

- 8. Celebrate Every Success and Effort– Praise your children for sincere attempts as well as achievements.
- Admit Your Mistakes– Everyone makes them. Help your children learn from your own mistakes by talking about them, and by showing your children that you have learned to do things differently.
- 10. Get Involved- Know where your children are and what they're doing. Learn about their friends and their friend's parents. Find ways to be active in their school and stay involved in their homework and study skills.
- 11. Respect Your Children's Reality—We all experience things differently. Respect the right of each of your children to see and absorb things in his or her unique way. This will help your children learn to respect and tolerate others and gain confidence in themselves.
- 12. Discipline with Love—Treating your children fairly and firmly will help you establish a positive connection with them. It will also provide them with a firm foundation of solid values and necessary boundaries that will last a lifetime.
- 13. Establish Traditions— Build lasting memories and traditions that will bring your family closer together. Celebrate special occasions and cultural and national holidays as a family with events that can be shared and remembered.
- 14. Make Time for Each Other- No matter how busy you and your children are, schedule time to be together to talk, do chores, shop, watch TV, play games, or do any other activity that will result in greater understanding and togetherness.
- **15. Think Positively** Research has shown that a positive attitude helps you feel optimistic and is contagious to others. If you start the day in a positive way, so will your children.

**Excited About Math!** 

We are very excited to start off a new year at Muckleshoot Tribal School

teaching Math. One of the focuses this year is to make sure all students are

improving in the content area of Math. Math supports offered are: extra

Math classes, ALEKS a computer based Math Program, or After School

# 6th and 7th Language Arts

Students in 6th and 7th grade have finished reading Esperanza Rising in Language Arts. Students were excited to show their creativity during their book reports. Students were given the freedom to choose a project that they would enjoy working on that showed off their individual talents and learning styles. There were a variety of projects turned in: diorama, posters, crosswords, word searches, food presentations, cartoons, quizzes, and traditional reports. It was fun to see the creativity and the excitement!

















#### Curtis Pritchard Justine Trinidad

Our awesome Math Team of teachers are:

Joanna Guest

Cara Schletzbaum

Math Support.



#### **Resource:** Carrie Duggan Vania Bybee

Elizabeth Bybee Teresa Blair Kathryn Bart Anna Hubbard

# 2<sup>nd</sup> & 3<sup>rd</sup> Graders take a trip to the zoo

Second and third grade took a trip to the Woodland Park Zoo in Seattle. We had a great time learning about the animals and their habitats by seeing them up close and personal! There was no rain and almost all the animals were out and about. We had many parent chaperones, whom we would like to thank for their help and involvement!



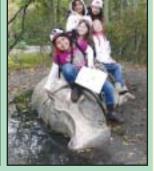




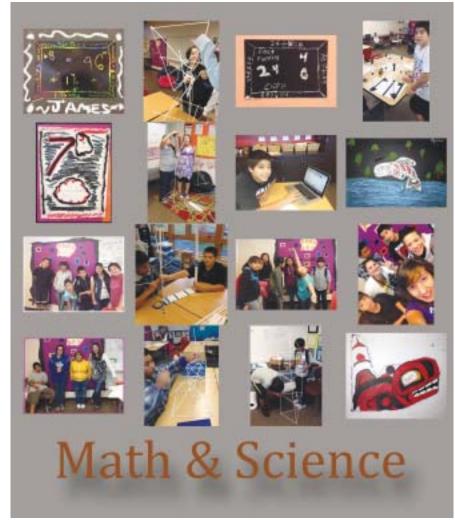








"Students engaged in experiential learning at Woodland Park Zoo. MTS 2nd - 3rd graders learning about animals and habitats up close!"





# Muckleshoot Tribal School Potlatch

**November 20, 2012** 



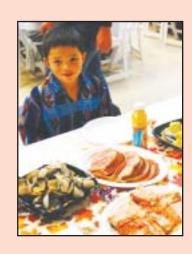
















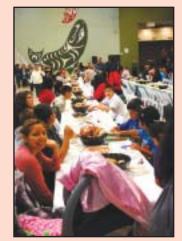








































# Red Ribbon Week!



# TRIBA

#### **ATTENDANCE**

#### Kindergarten-5<sup>th</sup> grade 100% Perfect Attendance

Kaimi Aho Benjamin Anderson Tristan James Jeffery Johnson Chase Enos Christian Penn Tealo Hawley Tabor Judson-Elkins Sanchez Kato-Savoy Edna Lobehan Tyrell Nichols Tristan Thompson Reanne Zimmerman Samantha Bland Meghan Dais Olivia Korndorfer Mackenzie Lobehan Christian Lucei

Riley Margullis Shane Moses Lillianna Ramirez Ayana Rodriguez Kalani Thompson Andrew Williams Swe-tub Cayou Erika James Izreal Judson-Elkins Kathleen Platt Curtis Redding Richard Weed Kristina Williams Charlie Lobehan Daruis Nichols Lamont Nichols Alxix Smiskin

#### Kindergarten-5<sup>th</sup> grade 95% or Better Attendance

Michael Anderson Isabelle James-Clark Dwayne Lobehan-Keeline Jordan McDaniel **Dominick Moses** Nevaeh Ross Silas Simmons Biduchyaht Starr Wyndin Weeks Talitha Charles Summer Dais Andrew Garcia Kaundaleah Garcia Anthony Magee Micah McDaniel Leeschelle Rojero **Aloysuis Simmons** Leslie Starr Corrina Ulima Trinity Ulrich Aiyahna Williams Isaac Williams Angelina Aho Elizabeth Canales Tunney Eyle Igancio Garcia Ariana Jerry Robert Keeline Sharlene Lobehan-Banks Alison Moses

Daveya Rojero Jada Sparks Maricia Starr Seonee Williams Jaden Iverson Chad Millan-Moses David Mondejar Brandon Moran Joshua Moses Astraiya Penn Shaleen WhiteEagle Izahya Williams Makya Bakke Tiana Lozier Rolando Millan Rachel Pavel Ariana Romo-Rincon John Starr Jeremiah WhiteEagle Guenavive Arvizu Sage Bakke Carlos Bennett Amos Courville Cody Foreman Marcia Jansen Katalina Lozier Taneesha Marquard Skylar McMillan Richard Penn Zayah Sparks Robert Weed Keevin Williams

#### Middle School 6th-8th grade 100% Attendance none

Jonnie Moses

Aron Ortiz

95% or better
Kiana Aho
Terron Galicia
Malia Irving
Dominic Jansen
John Jansen
Fabian Mondejar
Carla Thompson
Azela Weed
Lokelani Aho
Lanita Cayou
Darina Louie

Erika Ramirez
Matthew Thompson
Roselene Williams
Dontae Bronson
Johnson
Jacob Jansen-James
Francisco Marquez
Jordan McMillan
Norman Robinson
Kimberley Wachumwah
James Youngs

#### High School 9th-12th grade 100% Attendance Felix McKay Aaron Arterberry

Gaspar Martinez

95% or better Andrew Bargala Teddy Marquard Selena Serrato Lashawna Starr Isabella Valles

John Jackson

Chezeray Starr Jenel Hunter Mirella Serrato Charles Starr Sidney Lazzar



Ben Lazzar and his handiwork, with models.

# We Honor Our Students of the Month

Submitted by Laura Eaton and Melanie Struck

**Miranda Kitsap-Moses has** turned in her homework everyday this year and continues to be a positive leader for her peers. (5<sup>th</sup> grade – Ms. Leslie)

**Keevin Williams is** a great member of our class. He always holds the door open for the class and makes sure that everyone feels welcome. (5<sup>th</sup> grade – Ms. Hubbard)

**Natalie Lessard** completes all work and is above grade level. She is kind to others, works well with everyone, is respectful and follows directions.  $(4^{th}$  grade – Ms. Taneisha)

**Kristina Williams** is helpful AND is present every day. (4th grade – Ms. Morris)

**Ariana Jerry** is a great student to have in class. She is a great leader and is always on task.  $(2^{nd} \text{ grade - Ms. Carissa})$ 

**Samantha Bland** always tries her hardest in all subjects. She is motivated and eager to learn! She excels in all subjects, especially math and reading. She is a good friend and teammate who can be counted on. She is a role model because she sets a positive example for us. (3rd grade – Ms. Cinnamon)

**Cameron Williams** is a positive leader who is a good friend to everyone. He always has a smile and kind words to say! (2nd grade – Ms. Struck)

**Andrew Garcia** is always on task, finishes all work, has great attendance, and encourages other students to do the right thing. (1<sup>st</sup> grade – Ms. MacKenzie)

**Summer Dais** is a good listener, ready to learn and participate every day, plus she communicates well with her classmates and teachers! (1<sup>st</sup> grade – Ms. Renteria)

**Lydia Sagatu** is ready to learn all day long. She consistently pays attention and follows directions. Lydia is also always ready to help her friends when they are in need. She is an outstanding leader in our classroom. (Kindergarten – Ms. Alisha)



Back Row: Ayana Rodriguez, Miranda Kitsap-Moses, Keevin Williams; Middle Row: Samantha Bland, Cameron Williams, Ariana Jerry, Kristina Williams; Front Row: Summer Dais, Benjamin Anderson, Andrew Garcia. Pictured separately: Natalie Lessard and Lydia Sagatu





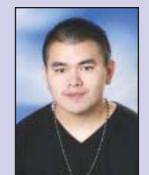
Lydia Sagatu

**Benjamin Anderson** is a kind friend to everyone he meets. He makes superstar choices in class and at recess. (Kindergarten – Ms. Zoe)

**Ayana Rodriguez** follows every school and classroom rule independently! She does all her work, and is respectful to teachers and students. Ayana always tries her best, and goes above and beyond what is asked of her and does so with a bright smile on her face! (3<sup>rd</sup> grade – Ms. Kaili)

#### Julius Arms Jr. Graduates from MTS

On October 4th, 2012, Julius completed all of his credits, state testing, and all of the necessary requirements to graduate with a high school diploma. On October 25th, 2012, MTS, friends and family gathered to celebrate his accomplishments. *Congratulations, Julius!* 





Graduate Julius Arms Jr.

# ADOPT-A-ROAD LITTER CONTROL Programme Programm

## NAWMAC is BACK!!

Native Americans Who Make A Change are back in action this school year. NAWMAC adopted a section of 200th Avenue SE last year and had the first adopt-a-road clean-up of this school year on Thursday, October 25th. NAWMAC is a voluntary after-school group focused on making positive changes in the Muckleshoot community.

NAWMAC is currently collecting donations of warm clothing, blankets and backpacks to deliver to the Chief Seattle homeless shelter later this year. Any donations can be dropped off at the Muckleshoot Tribal School attention Erika Gonzalez or NAWMAC.

Go NAWMAC!

## 3<sup>rd</sup> Graders Gather Sweet Grass

Pictures of Ms. Cinnamon's class helping gather sweet grass here on campus that will be dried for give away at the potlatch. Students learned about gathering in the right way.

Thanks Ms. Verna!







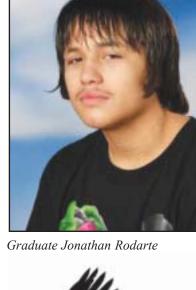


#### Nature

Have you seen the sunset and sunrise on the horizon? That's a prize! How the colors mix and melt And are as soft as felt. How they float away Into the black. As you wish them back. And that makes you sad. Now the tears come back, Make you mad. Then you see the stars So far away, Can't fit in jars. And they're so shiny, You'd buy one with a penny. How they shine so bright And don't put up a fight. And you watch them twinkle and shine, You realize You feel fine. So you sigh and say

Goodbye....

—Marlin Brown





## Muckleshoot Kings Football Wrap-up

by Coach Mike Eckhart

#### October 10 vs. Lummi

On a shortened week the Kings got to play Lummi Wednesday at 5:00. Lummi came in with an undefeated record in league play and 40+ players. After some early mistakes that put the Kings in the hole they started to settle down and play better football. Ryan Rodarte kept his Touchdown streak alive with a 50 yard pass from Buddy Brendible and a kick-off return for a TD, making five straight games with TD's.

With five players out on injures and eleven players able to play in the game, the kings never stop battling, scoring in the last minute on a 65 yard pass for Buddy Brendible to Xavier Fulgencio. In the end the Kings ended with 28 points all by Seniors, fitting for Senior night.

On a side note Josh Cline who is a QB/LB/K/P for the Kings, over the summer placed 1st at the Punting and Kicking camp at PLU. He got invited to the UW vs USC football game as a possible recruit. While on the sideline pregame got a chance to meet and talk with Sonny Sixkiller an all-American Native quarter back for the Husky's.

#### October 12 vs. Highland Christian

On Friday Oct. 12th the Kings went North to play Highland Christian in Marysville. The Kings had everything working and scored on six of seven first half possessions to go into halftime up 46-0.

The 2<sup>nd</sup> half was more of the same with the Kings scoring on their first two possessions, including a 36 yard TD run by Sophomore Chezeray Starr that happened to be the first carry of his High School career. Buddy Brendible throw for over 100 yards including a 55-yard TD to Harvey Starr. Josh Cline and J.R. Hamilton both ran for over 100 yards and TD's.

The game was cut short in the 3<sup>rd</sup> quarter do to an unfortunate accident to one of the Highland players. The entire Kings football team circled around the young man and with the Highland players, prayed for him. The officials and Administration were honored by the positive show of sportsmanship during and after the game.

#### October 26 vs. Rainier Christian

On Friday Oct. 26th the Kings went to Rainier Christian for their homecoming. The Kings started out scoring on their first three possessions. The running and passing game were unstoppable the first half leading to a 38-14 score.

The second half was a battle back and forth. The kings were up by 22 points when leading rusher Josh Cline went down with a high ankle sprain. With two more Kings leaving the game with concussions and the Kings turning the ball over 3 times, it opened the door for Rainier to get back in the game.

The Kings made some great defensive stops including a two point conversion attempted, to win the game 54-52 and move on to playoffs against Crescent. Josh Cline helped keep Rainier in their own end of the field by putting five kickoffs into their end zone and giving the Kings defense good position.







Both teams, Lummi and MTS, in a word of prayer after the game.



























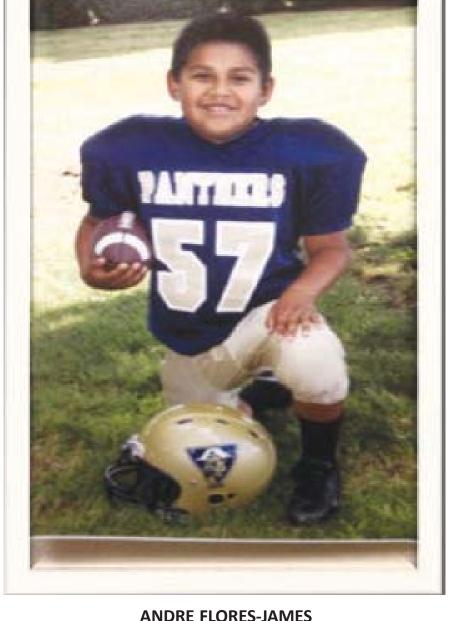
Sean Daniels and Josh Cline











**Auburn Junior Football Auburn Panthers 2012** Way to play hard all season!! Love Auntie Missy

## **MTS Cheer Team**













#### G E D Exam Schedule for Muckleshoot Tribal College

You need to finish all 5 Tests before 2014 or start all of your Tests over

> Remember: Dates are Subject to Change Please Call College to Confirm



**Dates** 

November 28<sup>th</sup>. December 5, 12, & 19<sup>th</sup>. January 2, 9, & 16<sup>th</sup>.

Arrive 10 minutes early! You may choose only one test per time frame

9:00 Reading, or Social Studies, or Science

10:30 Reading, or Social Studies, or Science

12:30 Math OR Language Essay

2:45 Reading, or Social Studies, or Science

If you are planning on taking 4 tests in one day then do your Essay at 12:30 & do your Math the next testing session

A passing score is a 410; however you need an average of 450 to earn the 2250 points needed for your GED

- Prior to taking your first test you must Pre-Register, please ask our GED staff to give you our GED Orientation & Pre-Register before testing day; do not wait until testing day. You must have all of your paperwork completed before entering the testing room. See what you need to bring below.
  - On testing day you must bring/provide 1) picture ID
  - 2) proof of passing a pre-test @ 450+ 3) proof of payment \$30 ea.
- under the age of 19 must provide "waiver" form
- first time testers must have a completed and signed "General Education Development testing" form AND the "State of WA Verification of Eligibility to take GED test" form, completely filled out before testing day.
- Please be waiting outside the GED examination door Rm. #207 at least 10 minutes before testing latecomers will not be allowed in the testing room, you will have to come back another time.
- Test Scores are available the next day after testing at 1:00 pm, not before. Pick them up in person.

If you have any other questions or concerns please call at 253-876-3183, or Mitzi Judge @ 253-876-3395

For GED tutoring & pre-testing here at MTC contact GED Instructor Alicia Woods at 253-876-3375

For Muckleshoot Tribal Member Scholarship call Marie Marquez 253-876-3382

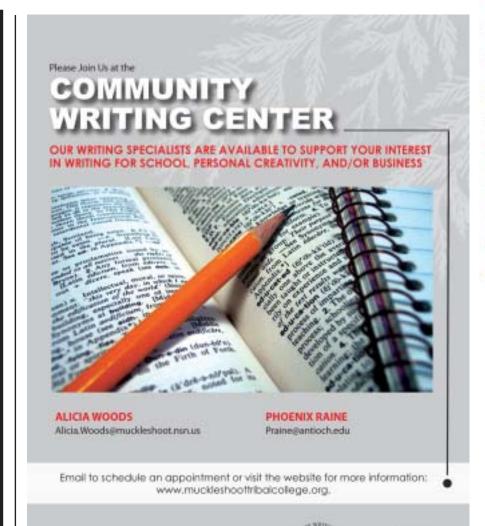
> You may look on line for more information at: www.muckleshoottribalcollege.com We are located at 39811 Auburn Enumclaw Road SE. Auburn WA 98092

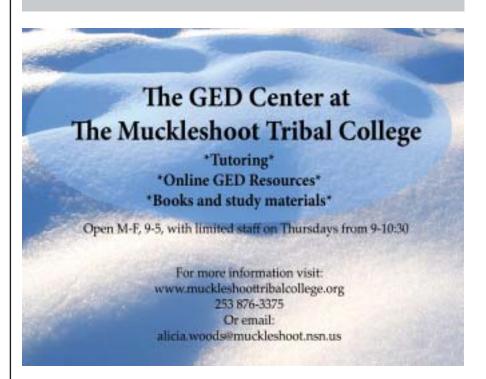
You may also take your GED test at Green River Community **College:** 

Monday, 9AM – 7PM, phone 253-833-9111 x 2652, 12401 SE 320th Auburn, WA 98002, www.greenriver.edu

We changed our GED testing days to Wednesdays









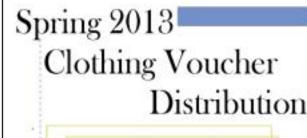


#### **Student Incentive & Reward Program**

Please Note.....

The Muckleshoot Student Incentive & Reward Program is now accepting applications for the current 2012/2013 school year. We will NO longer accept previous academic school year (2011/2012) applications.

We encourage students to continue to strive for excellence in academic achievement!!





Spring Distribution is

based off

attendance-10 or

more UNEXCUSED

absences, student will

receive half

#### REMINDER

The Muckleshoot Clothing Voucher Program will begin accepting completed applications for the Spring 2013 distribution beginning January 1, 2013 to all Muckleshoot enrolled Tribal Members 18 years of age and under: enrolled in an a Child Development Center, Birth to Three Program, Head Start Program, Kindergarten, Grades 1-12th or a GED Program.

(\$150.00)of the allowed amount

Clothing Youcher Program 39015 -172nd Ase SE Aubum, WA 98092

Phone: 253-876-3370







#### Babe Eyle continued from page 1

time. I shaved it for Buhner Buzz Night four or five times since then, but all the other times, it wasn't long enough, so I just put it away. I think it's almost long enough to do it again.

I still go to the Mariners' games, go to Seahawks' games. I spend time with my mom as much as I can, and with my grandkids and my kids whenever I get to see them. That's my escape - going to the games. I love going to the games – Mariners games and Seahawks games. It's like I go into a different world, and I don't have to think about anything or worry about anything, anybody. I always go there and have a good time.

But if anybody else ever has to go through what I've gone through, and they need somebody, then they can give me a call and I can help them like I got the help that I received. I know all the prayers that everybody sent helped me through it all. It's a long road, and it's tough to see anyone else go through it now after I've gone through it myself.

I'm thankful for being here now, and thank John for being here all the time, and for all the gifts that I get from everybody. But, I'm just thankful to everybody for all their help and support that I've been given. I think that's the best medicine for anybody. There's strength in prayers.

Unfortunately, Babe's holidays have once again been disrupted. After this interview, on the day before Thanksgiving – the 10th anniversary of her breast cancer diagnosis – she was hospitalized after having a stroke – a cerebral hemorrhage. It affected the part of her brain that gives us equilibrium, so although she can think and talk clearly and has full control of all her limbs, her sense of balance is lacking and she experiences nausea.

As this is written, Babe is in the rehab wing of St. Joseph's Hospital in Tacoma. Her prognosis for the future is uncertain. She hopes to go home soon. And so, although she would like to be giving aid and comfort to others, she is again in need of it herself. Your prayers and company are welcome and appreciated.















# Muckleshoot Gets Out The Vote!

WE ROCKED THE NATIVE VOTE! THANK YOU! YOU MADE HISTORY IN THE 2012 PRESIDENTIAL ELECTION!

PHOTOS BY JOHN LOFTUS



GAINING POLITICAL EXPERIENCE. Tribal School supporters at the Jay Inslee Democratic fundraising event in Seattle.

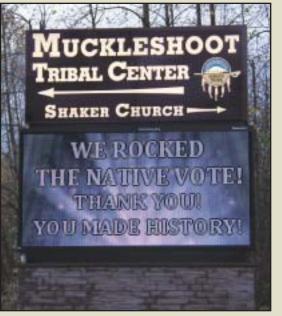






















## **Special Guest Billy Frank Jr.**

Billy Frank Jr., longtime Chairman of the Northwest Indian Fisheries Commission and a key leader in the Fish Wars that led to the historic Boldt Decision, was a special guest at the voter dinner. As you can see, there were a lot of people that wanted their picture taken with him!















Shirley Taylor shows her support for President Obama.























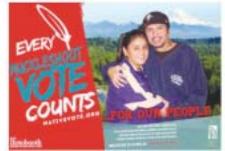


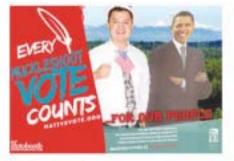






















# VETERANS

# **VETERANS DAY DINNER 2012**

PHOTOS BY GARY KISSEL





































**THE USUAL NEWS** 

## VETERANS CORNER

By Sonny Bargala

The Veterans Affairs Program will move to the Old Senior Center building soon. Moving to the main campus makes our program more accessible to tribal member veterans. In addition, because the building has a really nice kitchen, the program will be able to prepare and serve the monthly brunches there; and, cooking the meals in-house means a significant saving of money over having the meals catered. As a result of the savings, the program may be able to serve more meals monthly.

This year was the seventh year of serving our Veteran Brunches at the Muckleshoot Casino. Attendance at brunches has increased too-many-fold since the tribal council asked that we invite our community brother/sister veterans (VFW, DAV, and Am Leg), putting a real strain on the program activities budget. As a result, the veterans committee decided for 2012 that the brunches for all community veterans occur quarterly; and, monthly brunch attendance be restricted to tribal member and Indian community member veterans only. Their decision worked out well for the program this year.

Due to funding shortages, the Veterans Committee had to cancel group travel for Muckleshoot veterans during 2012. Program staff will let you know when the circumstances change. You are still able to take an individual trip. Contact the Veteran Affairs Office for more information.

The Veterans Committee has changed the dates of veteran brunches to quarterly. The last quarterly brunch will be on the third Saturday in the month of December. Most brunches scheduled in the Chinook Room and a notice will be sent to remind you and let you know if the location is changed. The brunches start at 9 AM and end around 10:30 AM.

Brunches are for veterans and their family. An employee veteran of the Muckleshoot Indian Tribe veteran, working for any of its many divisions or enterprises, is invited also to attend the brunches. Contact Jesse Mc3 to provide your contact information so that you will receive related notifications. The Veterans Committee makes every effort to conduct veteran activities as a family event.

• The Veterans Committee has its regular meeting on the first Wednesday of each month. Enrolled Muckleshoot veterans have an open invitation to attend and to participate in the meeting. The committee provides lunch as the meetings occur at noon.

Sonny B is retiring at the end of 2012, so any program questions should be addressed to Jesse Mc3. His office number is (253) 261-4358.

We now have twenty-nine (29) living veterans with the addition of Jonathan Herda, USCG Reserve and Barry Johnson, US Army to our list. We mourn the loss of our brother-in-arms, Stanley James, USMC. Stanley served on the veterans committee, and attended many of our tribal events. He will be missed.



We held our Annual BBQ on Saturday, August 18, 2012 in lieu of our Veteran Brunch. We invited Auburn VFW Post 1741, Auburn American Legion Post 78, the Navy League, and the Northwest Chapter of the First Cavalry Division Association. Kenny Lewis and I are lifetime members of the First Cavalry Division Association. We featured traditional cooked Salmon and a number of side dishes. The BBQ was held at the Veteran Affairs property in the picnic shelter. We had a really good attendance from all the organizations invited and Muckleshoot tribal veterans.

#### IN MEMORIUM

- September 14, 2012 Makah Tribal member Ralph Butterfield, US Army, Makah reservation at Neah Bay
- October 13, 2012 Muckleshoot Tribal member Stanley James, USMC, Shaker Church (Stan was a member of the Muckleshoot Veterans Committee.)
- October 19, 2012 Oldest Upper Skagit Veteran Henry "Smokey" Lyle, US Army, World War II

Working for the tribe as Veteran Affairs Specialist has been very rewarding to me, and the work helped me heal from the emotional wounds of war. I am hopeful that the efforts of our program have helped others and their families too. I am honored to be related to all Muckleshoot Veterans who have served (past and present), and whose service represented the Muckleshoot Tribe in a good way.

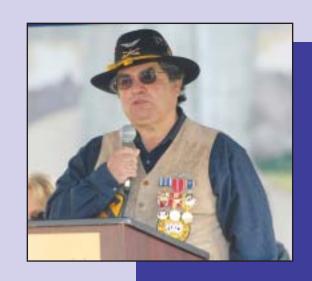
# Auburn Veterans Day Observance



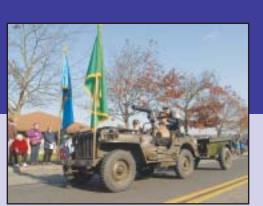














# HEALING HANDS



Enjoy a Therapeutic Massage with penetrating hot packs to relax every aching muscle. Massage is often used for:

- Headaches/Migraines
- TMJ (Jaw pain)
- **Poor Circulation** Improves mood
- **Improves sleep**
- Muscle and joint pain
- **Pregnancy Massage**

#### All eligible members are welcome

#### Muckleshoot Massage Therapy

Mon-Friday 8am-5pm Closed daily 12-1 for lunch 253-939-6648

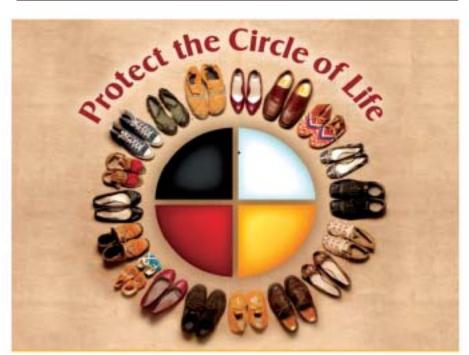


## New Walk In Hours



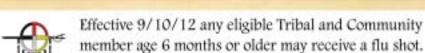
# **HWC Dental Clinic**

Monday, Tuesday, Thursday & Friday at 8am Wednesday at 1pm



# Your Flu Vaccine Protects Me My Flu Vaccine Protects You

- The flu vaccine is safe. You can't get the flu from a flu vaccine.
- The flu is the fourth leading cause of death among American Indian and Alaska Native elders.
- Please get a flu vaccine each year to protect you and your family.



pm. No appointment necessary.

For more information contact us at 253-939-6648

Present to the HWC Medical clinic M-F between 9-4:30

#### Sick and don't want to wait long hours in a Hospital **Emergency Room?**

There are local Urgent Care Centers that can help YOU!

Sore throat, ankle injury, ear ache, upper respiratory infections are just few of the things they can help with. They can do lab work and x-rays too, if needed.

**Urgent Care Centers:** 

Multicare Urgent Care, Auburn (253) 876-8111 202 Cross St SE, Auburn Hours and Times:

Monday – Friday, 8am to 8pm; Saturday and Sunday, 8am to 4pm

Location: down by Mazatlan Restaurant and Big Foot Java on Aub Way S.

Valley Medical Center Urgent Care, Auburn (253) 395-2005 1000 Auburn Way S, Auburn

Hours and Times: Monday – Friday, 8am to 8pm;

Saturday and Sunday, 8am to 4pm

Location: across the street from Farmer's Market/U-Haul Rental on Aub Way S.

Multicare Urgent Care, Kent (253) 372-7788

222 State Ave N, Kent

Hours and Times:

Monday – Friday, 8am to 8pm;

Saturday and Sunday, 8am to 6pm

If you need to seek medical care after 5:00pm on week days, weekends or when HWC is closed, you may obtain services from these urgent care centers. You must call the CHS Office for a purchase order number within 72 hours or 3 days of being seen. Please have your insurance information ready to give their front desk staff.

If you are too sick to call, a family member or friend can call for you. Please call CHS (253) 939-6648, if you have any questions. Cd/urgent care notice 01-30.12

#### **Notice to All CHS Eligible Patients**

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider. As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

> **CHS Office Hours:** Monday - Friday, 8am - 5pm Closed for Lunch 12pm – 1pm Phone: 253-939-6648

#### **Restoring Families Parenting Class**

Thursdays 10am-12noon

Muckleshoot Behavioral Health Family and Youth Services 17500 SE 392nd St. Auburn, WA 98092



**Class Topics and Goals** 

- Supporting recovering families in raising healthy children who are less at risk for alcohol and drug abuse and other harmful behav-
- Helping parents work with others who may be involved with caring for their children. This includes advocating for parents whose families are involved with ICW.
- Helping families to heal the consequences of addiction by applying recovery principles to family life and supporting recovery by supporting the family
- Develop skills to understand child development and behavior. Parents learn to understand children's important growth and development tasks and how they can help children get along with others
- Learning to re-build trust and security for children who may be living away from home and separated from parents. This includes learning how to work with other family members, professionals and agencies who may be involved.
- Restoring families for a more stable, safe, secure, and positive fu-

Restoring Families class is open enrollment for parents that are clean and sober and in recovery, or other court ordered parents and/or their family members. Documentation of attendance and Certificates of Completion are provided. Class is free to all participants

Call Wendy Lloyd, Youth Outreach Specialist at 253-333-3605 with questions

THE STORY OF BABY JUNE:

#### A Native Family's Experience with Whooping Cough

Taken from excerpts of "June's story" www.ihs.gov

Our household has many family and friends come through our door. Last month we had an unwelcome visitor. Pertussis/whooping cough. My grandbaby June and I ended up with whooping cough. How does this happen?

I had what I thought was an allergy or a cold so I visited my doctor who informed during the visit and found out that both my



husband and I needed Pertussis/whooping cough vaccine. I decided to wait to get the vaccination until after I was sick. I didn't make the connection about the seriousness of Whopping cough!

Within a few days Baby June started having a cough and one evening while I was holding her, those trusting eyes looked at me in fear as she couldn't catch her breath. It wasn't a long episode but I will never forget her little baby face looking at me, like "Grandma, fix it." I mentioned to June's mom I thought she had whooping cough. She took her to see the doctor where she was diagnosed with whooping cough.

I wondered, did I infect Baby June? I immediately went back to my doctor when I found out I than had the Whopping Cough! I had probably infected my own Grandbaby! My doctor said that many adults do not share the big cough or wheezing that children do and that some children die from whooping cough as well as elders. All family members he said, should receive the vaccination.

I have learned the hard way to be aware. I encourage every one of you to get vaccinated, and to vaccinate your children. Don't let these diseases into your homes. By sharing this I hope folks might see how something can risk the lives of our greatest resources – our Elders who are our cultural carriers, and our children, who are our future.



\*Two 30 minute massage appointments

#### Now Available Daily!!!

\*Same day appointments often available!

\*Great for stress relief

\*All eligible members welcome

Muckleshoot Massage Therapy Mon - Friday 8am - 5pm Closed 12 - 1 daily for lunch 253-939-6648

#### NEED A "MEETING" TO HELP YOU!!?

#### Alcoholics Anonymous -AA& **Narcotics Anonymous NA Meetings on the Rez**

Tuesday 12:00-1:00pm A.A. M.I.T. Recovery House 39225 180th Ave S.E. Auburn, WA

#### BEHAVIOR HEALTH PROGRAM **ANNOUNCEMENT:**

The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork.

If you have any questions, please call us at: (253) 804-8752

#### Health & Wellness Center Program Hours

		Pharmacy	<b>Wellness Center</b>	*Shuttle Service
Monday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm	8-6 pm	10am- 8 pm	9-9 pm
Wednesday	9-5 pm	9-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Saturday			————10 am-2 pm	10-2 pm
Sunday	All Programs Closed			

\*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health	(253) 804-8752	Open
(Mental Health & Chemical Dep)		
Family & Youth BH Services	(253) 333-3605	12:00-1:00
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

#### Health & Wellness Center Program Closures for Dec 2012 through Feb 2013

		_	
Day	<u>Date</u>	Times Closed	Reason for Closure
Thursday	12/06/	12 -9 am	Monthly All Staff Meeting
Thursday	12/13/12	11-5 pm	Annual MIT Employee Holiday Gathering
			Wellness Center Open 5-8 pm.
Monday	12/24/12	1-5 pm	Tribal Holiday
Tuesday	12/25/12	All Day	Christmas Day
Monday	12/31/12	1-5 pm	Tribal Holiday
Tuesday	01/01/13	All Day	New Year's Day
Thursday	01/03/13	8-9 am	Monthly All Staff Meeting
Monday	01/21/13	All Day	Martin Luther King Jr Holiday
Thursday	02/07/13	8-9 am	Monthly All Staff Meeting
Monday	02/18/13	All Day	President's Day Holiday

#### "Your Suggestions Count"

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

Is Heroin Running Your Life? There is help.

Call 253-804-8752

# Help in Quitting Smoking!



The Muckleshoot
Health & Wellness
Center uses and endorses the Washington
State Quitline to assist
in stopping smoking.

Call
1-800-QUITNOW
for free and

for *free* and effective help in quitting smoking.

CONTRACT HEALTH SERVICE (CHS)
NOTIFICATION REQUIREMENTS

# CHS OFFICE (253) 939-6648

- 1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre –authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
- 2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
- 3. Prior notification does not guarantee CHS cay pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

#### **ALTERNATE RESOURCE REQUIREMENTS:**

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

Grief is painful and at times the pain seems unbearable, now is the time to seek support!

#### **Grief and Loss Support Group**

with Dr. Sarlak@ the Muckleshoot Health & Wellness Behavioral
Health Program
Every Thursday 5:00 pm - 6:30pm

Open for everyone, please call Muckleshoot BHP for further questions. 253-804-8752



# Dental Clinic Location & Hours (253) 939-2131

We are located on the 2<sup>nd</sup> floor of the Health & Wellness Center.

<b>Appointment T</b>	<u>imes</u>	<b>Emergency Walk In Times</b>
Monday	8:00am-5:00pm	8:00-8:30 am.
Tuesday	8:00am-5:00pm	8:00-8:30 am
Wednesday	9:00am-5:00pm	1:00-1:30 pm
Thursday	8:00am-5:00pm	8:00-8:30 am
Friday	8:00am-5:00pm	8:00-8:30 am
Closed Daily	12:00-1:00pm	

# The Optical Department



The eyeglass benefits are the same as they've always been.
One comprehensive eye exam once every 12 months.
New lenses once every 12 months. Adults eyeglass frames
once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHWC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.



You Must Be A Wellness Center Member To Atlend!

"SUPPLIES ARE LIMITED AND ARE FIRST COWE FIRST SERVE

QUESTIONS? CONTACT THE WELLNESS CETNER FRONT DESK AT 253-333-3616

# Having a problem with pain pills? Does your life revolve around pills? If pills control you instead of you controlling the pills......

Suboxone (Sub-ox-own) referrals and treatment now available @ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center.

Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:
Reduce illicit opioid use
Help patients stay in treatment

Suppress symptoms of withdrawal Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

For more information please contact Behavioral Health at (253) 804-8752



#### Healing with Horses at Muckleshoot Behavioral Health

Did you know the Muckleshoot Behavioral Health Program offers Equine Assisted Counseling as an optional counseling modality for children, adults, couples and family groups?

Equine-assisted counseling (EAC) is a specialized form of counseling that utilizes horses as part of the treatment team. Interaction with the horses, guided by our Equine Certified Counselor assists the client in working on their treatment goals.

Research has demonstrated the effectiveness of Equine Assisted Counseling in working on self-esteem, improving communication, grief and loss, healing trauma, substance abuse recovery, anxiety and depression, improving boundaries and encouraging healthy relationships etc.

There is an unspoken bond that exists between horses and humans. Horses elicit a range of emotions and behaviors in humans, which provide a healing experience for the participants. Contact Behavioral Health if you are interested in this program. 253.804.8752



#### **Muckleshoot Health & Wellness Center Medical** Clinic



(253) 939-6648



**Blood Pressure -** Blood pressure is the measurement of the force of blood against the inside of your arteries. If your blood pressure is too high, you usually do not feel it.

Therefore, you may not know that you have it unless you have your blood pressure taken. If blood pressure remains too high over a period of time it can cause damage to your heart, kidneys, brain, and other organs as well as increase your risk of a stroke.

The measurement of blood pressure is reflected in two numbers. The top number (systolic) refers to the blood pressure when the heart contracts while pumping blood and the bottom number (diastolic) refers to when the heart is at rest between beats. Optimal blood pressure is 120/ 80 or less. High blood pressure is considered 140/90 or greater. You should have your blood pressure checked at least once a year or more often if your doctor recommends it.

#### **Optimal Blood Pressure**



120/80 or Less

#### A letter from Dr. Brandon, **DDS – Muckleshoot Dental Program**

Dear Parents,

Recently, I was asked to speak with families of the Birth to Three Program at the Early Childhood Education Center. My appreciation goes out to everyone who attended. Here are two questions with answers that I hope will be helpful to everyone. Feel free to call our Dental office at 253-939-2131 if you have any concerns. We are here to help if your child is suffering from teething issues.



#### Question: When will my baby get his first tooth?

- A baby's first tooth usually appears around 6 months of age.
- As a general rule, the lower front teeth are the first to arrive, followed by the top front teeth.
- Some babies can show symptoms of **teething** up to 2 months before the first tooth appears.
- Baby teeth should be cleaned at least once a day as soon as the first one
- If you have questions about you or your baby's teeth, please feel free to come by the Dental Clinic anytime.

#### Question: My baby's teething is keeping me up at night. Is there anything I can do to help?

**Answer:** If your baby seems uncomfortable, using these simple tips can help:

- Rub your baby's gums with a clean finger or cool, wet washcloth.
- Give your baby something to bite on such as a teething ring or pacifier. Clean and massage your baby's teeth and gums twice a day with a Baby's 1<sup>st</sup> Toothbrush (available at the dental clinic).
- Dry any excess drool as much as possible.
- If you have any questions or concerns about your baby and teething, come see us at the Dental Clinic.

#### 'Salish Bounty' exhibit explores Local Native Food Traditions Now thru January at Hibulb Cultural Center, Tulalip

TULALIP, WA - The Hibulb Cultural Center and Natural History Preserve presents a new exhibit, Salish Bounty: Traditional Native American Foods of Puget Sound. Focusing on the revival of traditional Native foods, Salish Bounty is co-curated by Burke Museum archaeologists and Coast Salish advisors.

Salish Bounty - comprised of historic photo images, map, and informative text printed on free-standing banners - reminds us that food isn't solitary; cooking and eating are things we do with other people and express our cultural history and values. The exhibit also includes a 4-minute audiovisual DVD, offering archaeological insight into Coast Salish food resources spanning thousands of years along the Duwamish River.

Knowledge of Coast Salish cuisine has been passed down from the elders and supplemented by archaeological and historical research. More than 280 kinds of plants and animals have been identified as ingredients in this cuisine.

Contemporary Coast Salish cooks incorporate both traditional and newly introduced ingredients, sharing traditions to create healthy alternatives for families and communities still struggling with loss of lands and waters, drastically changed lifestyles, and imposed industrial foods.

Salish Bounty provides a local perspective on a myriad of 21st century food issues and how, as in many places around the world, the revival of Coast Salish food traditions embodies the reestablishment of more healthful and sustainable practices that honor land and community.



Salish Bounty: Traditional Native American Foods of Puget Sound has been organized by the Burke Museum, University of Washington, with co-curators Warren King George (Muckleshoot/Upper Skagit Indian Tribe) and Elizabeth Swanaset (Nooksack/Cowichan/Lag'amel

#### CHS is funded by Indian Health Services to cover medical costs for Natives that meet certain eligibility

- Q1. Why do I need to get a PO (Purchase Order) from CHS?
- requirements. All CHS eligible members must comply with the IHS notification requirements: preauthorization for non emergent medical services can be rendered, within 72 hours after an emergency room visit or admission to a hospital. When the PO is issued for you, it sets the money aside, so that when the bill comes in there is money to pay for it.

**CHS - FAQ (Frequently Asked Questions)** 

- Q2. How long does it take to get a claim paid by CHS office?
- Outpatient provider may have a PO for up to 3 months (90 days). CHS strives to pay your claim within 60 days after it is sent to CHS from your provider.

Inpatient provider (hospital stay) may have a PO for 6 months (180 days) and CHS strives to pay your claim within 60 days after it is sent to CHS from the hospital. Hospitals take longer to get CHS the

Note: The longer CHS allows the provider to keep a PO, the longer your medical claim remains unpaid.

- Why do I have to apply for alternate resources?
- As per Indian Health Service regulations, CHS is the Payor of Last Resort which means that if the patient maybe be eligible for something else like DSHS or private insurance through your job they need to complete an application, if they do not have to pay for medical coverage.
- Why are my bills not paid when I have a PO? Why does it take so long for my bills to be paid? Why is it that my bill is still not paid after I bring it into CHS?
- A4. There may be several reasons why your bills may not be paid. Below are some of the primary reasons (but there could be many reasons).
  - The provider or hospital where you were seen did not send CHS a claim for you, so we could not pay your bill.
  - The CHS office did not have the correct name of the provider where you were going; as a result
  - of an honest mistake the PO was issued and sent to the wrong place, which will cause a delay. Patients are referred to apply for alternate resources (such as DSHS) and did not apply or
  - complete an application, when this happens CHS is required to deny CHS POs. Patients did not complete an incident or accident questionnaire sent by CHS or their insurance company . As per IHS regulations, CHS is Payor of Last Resort. CHS staff are required to
  - make sure that if anyone else can cover your medical costs, that they do. Patients dropped off their bills to CHS, but did not meet with anyone to go over them.
- Q5. What happens if I do not complete an application for alternate resources?
- CHS may not issue purchase orders (PO) for you.
- Q6. Why did I receive a CHS denial?
- There may be several reasons why you received a denial, below are the three (3) primary reasons CHS issues denials:
  - Patient did not call for a PO before a non emergent medical appointment
  - Patient did not call for a PO within 72 hours of an emergency room visit or admission to a
  - Patient did not comply with an alternate resource referral

#### What happens if I do not sign or go pick up my certified CHS denial letter from post office?

- Indian Health Service requires us to send the denial certified mail to your address on file. The denial does not "go away" and may have a negative impact on your credit history. There may be an error that may go unnoticed that should not have happened. You will lose your ability to appeal the denial after 30 days and at this point, the denial will be final.
- Q8. What if I get a collection notice in the mail, when I have for a PO?
  - Come to the CHS office and sit down with a CHS Clerk to review the notice. For confidentiality reasons, most collection agencies will need the patient to give permission for them to talk with CHS staff about your account. The CHS staff will need to verify the medical provider, date and amount that is at the collections agency. We would like to contact the collection agency with you in the office or complete the paper needed so CHS staff can talk about your account. It is for your benefit to come in and talk to us.

If you have any questions about CHS, please contact (253) 939-6648 **CHS Hours** Monday/Tuesday/Thursday & Friday 8:00 am to 5:00 pm Wednesdays 9:00 am to 5:00 pm Closed for Lunch 12:00 pm to 1:00 pm

#### The Dangers of Illegal Opiate Pain Pill Use

One of the biggest healthcare issues that the tribal community is facing now is the struggle with the illegal use of opiates in community members. The word 'opiate' is the general term used to describe depressant drugs including heroin and pain pills like Percocet and Oxycontin. Opiate pain medications are used to reduce the discomfort that comes with pain in individuals, and when used correctly as prescribed by your doctor, they can work really well for that purpose.

Opiate pain medication use becomes a problem when they are used illegally and without the supervision of a doctor. Opiates are highly addictive medications that need to be monitored to ensure there are no medical or addiction issues that develop with their use. What we are finding is that illegal users of opiate pain medications (opiate addicts) are beginning their use of opiates with pain medications because they are seen as safer to use then other illegal drugs. The idea that addicts rationalize is that "doctor's prescribe them and they are not illegal so they must be safe", even though when used incorrectly they are as dangerous as other illegal drugs. Opiate pain medications that are purchased illegally are typically very expensive, and as a user's addiction progresses the financial cost to continue their use is too much to manage and can sometimes lead to illegal activity in order to pay for their addiction or switching to other illegal substances that are less expensive to buy.

Some signs that you may have a problem with the use of prescription pain pills are: 1) If you are using opiate pain medications not as directed by your doctor by taking too many of them or taking them more often then prescribed. 2) If you are unable to stop the use of pain pills even though you may be experiencing negative consequences because of their use. 3) If you are questioning yourself about your use and not feeling good about the choice to use them.

If you have any questions about addiction to opiate pain medications, or if you are concerned about your own or someone else's opiate use, please call Muckleshoot Behavioral Health and ask to speak with a drug and alcohol counselor. The counselors at Behavioral Health can help support you and your family in making healthy decisions around the use of drugs and alcohol.



Muckleshoot Behavioral Health Program 253-804-8752 Open Monday– Friday 8am to 5pm We are open during lunch!

Written By: Megan Gifford Youth Chemical Dependency Counselor at Muckleshoot Behavioral Health Family and Youth Services

# NEWS FROM THE MUCKLESHOOT ELDERS CENTER

Norma Dominick 11/1 Lloyd Barr 11/1 Agnes Moses 11/3 Irene Kai 11/4 Phillip Hamilton 11/5 Brenda Hamilton 11/5 Sandra Ross 11/6 Vera Jansen 11/6 Georgena Smith 11/7 Katherine Arquette 11/7 Frank "Hoppy" Jerry Sr. 11/10 Brinnon Aasted 11/11 Antonio Perez 11/14 Roger Jerry Sr. 11/16 Anita Matta-Burns 11/16

Florence Nelson 11/19 Virginia Nelson 11/19 Edward Carranza 11/19 Richard Leonard Sr. 11/21 Tyrone Simmons 11/22 John Stevenson 11/23 Effie Keeline-Tull 11/26 Millie White 11/26 Ralph Elkins 11/26 Lynette Jerry 11/27 Sherry Ross 11/27 Joe Williams 11/28 Benedict Williams 11/28 Leo LaClair 11/29

#### **2012 NNABA Conference at Emerald Downs**

We'd like to thank you to all those who were able to come be a part of this historic event here with the Muckleshoot tribe.

Elders fundraising table was taken care of by Norma Dominick, Tommy McJoe, and Elaine "Toots" Baker with the homemade jam (made at the Elders Complex), beaded items (donated by Carrie Rincon, Delbert Starr, and Marcellina Delatorre), and other items from the Elders Complex.

The grand total from youth track and gift items was \$1292.00. Thank you for all the donations and help making this such a successful event.

Raffle ticket were also sold half of the funds went to Elders Complex fundraising budget.

Watch for your Basket weavers' newsletter for updates on the location for next year's event.

#### **Chronic Disease Self Management Program**

This is a wonderful program provided to elders and caretakers.

We would like to extend the class to community members and those who would like to learn more about the program.

The class is a 6 week course and will be held Monday afternoons at 1:30pm at the Elders Complex. The following items will be covered in the class:

- Define the three differences between acute and chronic disease
- Identify a set of problems that are common among various chronic illnesses
- Make a self management behavior action plan for the upcoming weeks.

#### **The Elders Fun Fitness Program**

#### **Starting Thursdays in November**

(On the 1st, 15th, and the 29th) Rachelle will be available to have our Yoga exercise program at the Elders Complex building.

We would like to alternate a Thursday with the Wellness Center program on November 8th from 1pm-2pm.

Feel free to sign up at the Elders Complex sign up boards or mark your calendars.

For more information on the Fitness Program please call the Elders Complex 253-876-2888

#### **Antioch Culture Class**

The Antioch students held culture classes at the Elders Complex on the following days:

- · Oct. 23rd
- · Nov. 6th
- · Nov. 27th

From 10:30am-2:30pm with a lunch break

Some of the culture that has been taught in the classes are baking pies and regalia making.

Please come be a part of the new classes at the Elders Complex and help support our college students.

#### **Lunch Reminders**

Elders please remember that you are allowed two (2) free meals that are provided daily at the Elders Complex for yourself or you are allowed to have one of your meals for a guest.

Extra meals may be purchased for \$7 each regardless of age.

Also, if you have your lunches delivered please call into the Elders Complex if you won't be home during delivery.

If you have three (3) consecutive missed lunches without a phone call you will be removed from the lunch delivery program until further notice.

#### **Preparing for winter?**

Wood services such as cutting, stacking, and kindling are provided by the Elders Complex service providers.

The service providers will also be available to check on your propane tanks to make sure you are ready for winter months ahead.

If you need these services please call the Elders Complex at 253-876-2888 or Jimmy Cross 253-876-2872

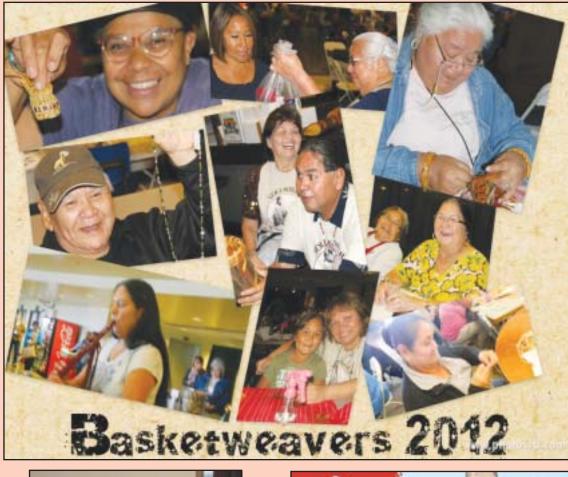
#### **Update on Visiting Elders**

On October 26th our first group of visiting elders came from the Skagit tribe. They arrived on a bus with thirteen elders around 10am and spent the day with us at the Elders Complex. We sat and visited with the Skagit Elders, gave them a tour of the building, ate lunch, and played bingo.

We were happy to see so many of our elders in the Muckleshoot community to come to the Elders Complex and have lunch with our guests. We plan on having more tribal elders come and visit us once a month.



We would like to thank Carson, Gretta, and Olivia from Crissy Irby's daycare class from Yelm for decorating the goodie bags for our trick-ortreaters this year!

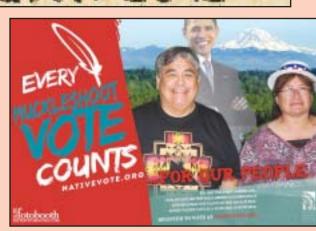






Congratulations on your new Home Abbe!

























#### NOVEMBER 30, 2012

# Muckleshoot Tribal Thanksgiving Dinner 2012 PHOTOS BY JOHN LOFTUS

































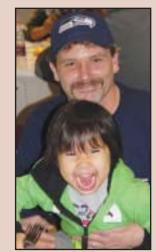








































# RELIGION

# PENTECOSTAL CHURCH HARVEST PARTY!!!

PHOTOS BY SHERINA



















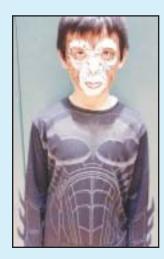












#### Muckleshoot Pentecostal Church Kenny Williams, Pastor

#### **SCHEDULE**

Sunday 11:00 AM Church Service Tuesday 12:00 Noon Prayer Meeting Wednesday 6:30 PM Bible Study

Thursday 12:00 Noon Support Group Meeting
Thursday 7:00 PM Spanish (language) Church

Friday 7:00 PM Prayer Meeting 3rd Saturday 10:00 AM Prayer Meeting

#### "Lilly of the Mohawks" Kateri Tekakwitha, becomes 1st Native American Catholic Saint

Lummi descendent's "miracle cure" provides proof needed for sainthood

VATICAN CITY – Jake Finkbonner was so close to death after flesheating bacteria infected him through a cut on his lip that his parents had last rites performed and were discussing donating the 5-year-old's tiny organs.

Jake's 2006 cure from the infection was deemed medically inexplicable by the Vatican, the "miracle" needed to propel a 17th century Native American, Kateri Tekakwitha, on to sainthood. Kateri will be canonized recently along with six other people, the first Native American to receive the honor.

Jake is fully convinced, as is the church, that the prayers his family and community offered to Kateri, including the placement of a relic of the soon-to-be saint on Jake's leg, were responsible for his survival.

Now 12 and an avid basketball player and cross-country runner, Jake was present at the canonization, along with hundreds of members of his own Lummi tribe from northwest Washington state and reservations across the U.S. and Canada who converged on Rome to honor one of their own.

"I believe everybody has a purpose on this earth," Jake's mother Elsa

Finkbonner said soon after the family arrived in Rome for the ceremony. "I think this Sunday Jake will define his purpose, and that's to make Kateri a saint."

Jake, a poised, lanky kid who just got his braces off, seems perfectly at ease with his role in the whole thing, gracious and grateful to the doctors who per-

formed 29 surgeries to save his life and reconstruct his face.

"It's a really special thing," Jake told The Associated Press, flanked by his parents on a hotel terrace sofa. "We've never been to Rome, and especially meeting the pope? It'll be an experience of a lifetime."

The Catholic Church creates saints to hold up models for the faithful, convinced that their lives – even lived hundreds of years ago – are still relevant to today's Catholics. The complicated saint-making procedure requires that the Vatican certify a "miracle" was performed through the intercession of the candidate – a medically inexplicable cure that can be directly linked to the prayers offered by the faithful. One miracle is needed for beatification, a second for canonization.

In Jake's case, Kateri was already an important figure for Catholics in the Lummi tribe, of which his father Donny is a member. A carved wooden statue sits in the church on the Lummi reservation near Bellingham, Washington, where Jake's grandparents worshiped and where Donny remembers being told of Kateri's story as a child.

Known as the "Lily of the Mohawks," Kateri was born in 1656 to a 'pagan' Iroquois father and an Algonquin Christian mother in what is today upstate New York. Her parents and only brother died when she was four during a smallpox epidemic that left her badly scarred and with impaired eyesight. She went to live with her uncle, a Mohawk, and was baptized Catholic by Jesuit missionaries. But she was ostracized and persecuted by other natives for her

faith, and she died in Canada when she was 24.

The Rev. Tim Sauer was the Finkbonner's parish priest when Jake cut his lip while playing basketball on February 11, 2006. The necrotizing fasciitis bacteria that entered Jake's body through the cut immediately began spreading, and by the time Sauer arrived at Seattle Children's Hospital where Jake was airlifted two days later, Donny and Elsa Finkbonner were preparing to bury their son.

"At that point, we were desperate, and we were looking for anyone's help that would help our son," Donny said, recalling how doctors had said there wasn't much else for them to do but pray, and that they had come to terms with the possibility that their oldest of three children might not survive the week.

"We wanted Jake back with us desperately," he recalled. "But we were willing to give him up" to God.

Sauer, who performed the last rites ritual on Jake that Wednesday – four days after he cut his lip – said he immediately urged the Finkbonners and the congregation back on the reservation to pray to Kateri, thinking their shared Native American heritage and scarring diseases were

Native American heritage and scarring diseases were relevant.

For the devoutly Catholic Finkbonners, prayer was all they had left after Jake's doctors tried unsuccessfully for two weeks to stop the bacteria's spread. Jake was in a drug-induced coma for most of that time and says he doesn't remember much, a few memories

"here and there, not all of it."

There will be a Mass of Thanksgiving for the

canonization of St. Kateri Tekakwitha at the

Lummi Community Center on Saturday,

January 26, 2013 at 10:00am. All are welcome

to share in this wonderful celebration.

"Every day it would seem the news would get worse," Donny recalled. "I remember the last day that we met with the whole group of doctors, Elsa didn't even want to hear. She just got behind me and was holding on."

But rather than bad news, the doctors said the infection had stopped. "It was like a volcano that was erupting, and they opened him up and it was gone. It had stopped. It was a pretty amazing day," Donny said.

It took the Finkbonners several years to realize that the turning point had

them in the hospital, prayed with them and placed a relic of the soon-to-be saint on Jake's leg.

"It took years for us to look at the calendar and recall that this is the day she came, this is the day she put the relic on, this is the day the infection stopped,"

come a day after a friend of the family – a nun named after Kateri – had visited

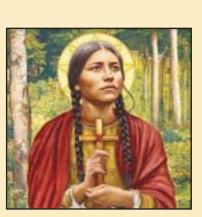
came, this is the day she put the relic on, this is the day the infection stopped,"
Elsa said. "As the years of the investigation have gone on, little bits and pieces of puzzle seem to fall into place, and that's where it all makes sense now as to why Jake's story turned out so big."

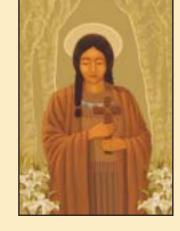
Jake, who bears the scars of his ordeal, seems all too happy to be the center of attention this weekend. But he seems keen to move on from his celebrity. He had basketball tryouts when he got back home and needed to get back to his studies. He wants to be a plastic surgeon when he grows up.

Courtesy of the Vancouver Sun













P18 NOVEMBER 30, 2012 MUCKLESHOOT MONTHLY

# Native Americans Who Make A Change Clothing Drive

NAWMAC will be holding a clothing drive for the Chief Seattle Club. For those of you that don't know, Chief Seattle Club is an organization to help out the homeless of Seattle.

#### Items we'll be accepting:

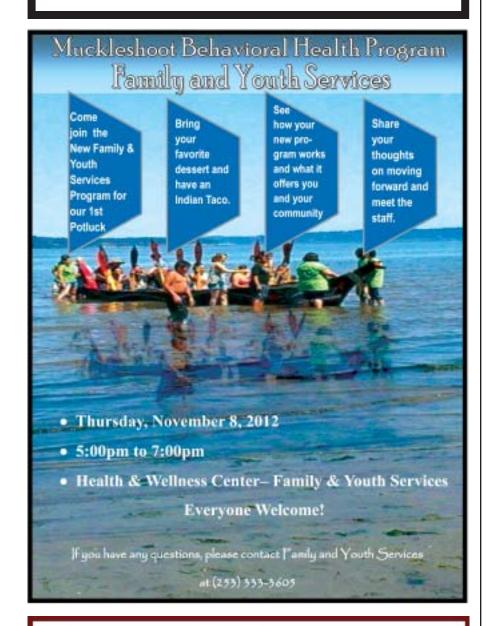
- Shirts and pants
- Shoes and socks
- · Backpacks and blankets
- Gently Used underwear

Your Donations will be deeply appreciated!

N.A.W.M.A.C

You could drop your donations off at the MIT Tribal School.
Contact Erika Gonzalez for further info.

Phone Number (253)-931-6709



## Community Involvement



Hello to all Tribal Members, Community members, with all that like to work or get involved with our Community Events — pow-wows, Canoe Journey, stick games, etc. Please know that when you work these events a Urinalysis Test (UA) needs to be done one week before you can work the event.

Also, Human Resources will need you to fill out a packet of paperwork, and with that paperwork you will need to provide 2 pieces of ID. Here is what works for ID: a Driver's License with a Tribal ID, certified birth certificate, or Social security card. On one of the forms that you will fill out there is a list of documents that may be used as Identification.

HIRING SUPERVISORS OR COMMITTEES: If you have any questions for the process please don't hesitate to call Human Resources and we will be happy to assist you. If you have an idea of when the event will take place and we have time it's possible that we can bring US Health Works to the Human Resources office.

# **Muckleshoot Adventures Winter Camp**



#### **December 27-30 2012**

Ages 7-17 Drop off Phillip Starr 8:30 AM and Pick up Phillip Starr at 11:00 AM

Activities to Include: Fishing, Archery, Hiking, Sports, Arts & Crafts, Mini Golf, Life Skills Training, Cooking, Paint ball

MUST SIGN UP BY DECEMBER 14 2012

THIS IS AN ALCOHOL, DRUG, & ELECTRONIC FREE EVENT! CALL STEPHANIE FLESHER AT 253-876-3357

This is a Muckleshoot Human Services Event



Dwayne Ross Sr. with a nice blacktail buck.



#### HELENE WILLIAMS HONORED

Tribal Member Helene Williams is shown here being wrapped in a Muckleshoot blanket by Tribal Council members to honor her for 17 years of service at the Muckleshoot Casino. A retirement party was held for her in the casino's Marketing Department. Left to right: Louie Ungaro, Charlotte Williams, Helene, Marcie Elkins, Kerri Marquez and Mark James.



#### **Housing Employee of the Month**

In the two and half years that Gail Hackett has worked for Housing she has become a valuable member of the team. Gail's dedication and willingness to help community members resolve their problems is exemplary and does not go unnoticed. Her kind smile, compassionate nature and positive attitude



towards coworkers and community members make her a pleasure to work with and serve as a role model for others. Congratulations to Gail. We appreciate your hard work and commitment to the community.

#### **MIT Wildlife Offering Hunter's Education Course**

The Muckleshoot Wildlife Department will be teaching a Washington State Hunter's Education Course on, December 3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, and 10<sup>th</sup>. If you are a tribal member and are interested in hunting outside of your treaty areas this course is required to obtain a Washington hunting license. Or, if you are interested in hunting outside of Washington State most states require you to have completed a hunter's education course before issuing you a license.

A new change in the Muckleshoot Hunting Ordinance requires teens from sixteen through eighteen to have completed this course before being issued hunting tags.

The course will be held over five days and the typical class day will last three hours. The class will run from 6 PM to 9 PM. At the end of the course there is a multiple choice test that you must pass before being certified.

There is also a skill evaluation portion of the course where you will be evaluated on what you learned and firearms safety. Subject matter that will be taught during the hunter's education course includes but is not limited to:

- Firearm safety
- Washington State hunting rules and regulations
- Survival
- Basic First Aid
- Wildlife Conservation
- Sportsmanship
- Muckleshoot hunting rules and regulations

This course is open to anyone interested in getting involved in hunting. Children under the age of 12 are required to have a parent present with them. The hunter education course is an easy learning environment; however it may be too advanced for children under 12. The class will be held to 25 students on a first come basis.

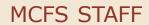
The only thing students will need to bring with them to class is paper to take notes and a pen or pencil. All other supplies to include firearms will be provided to the students.

If you have any questions regarding the Washington State Hunter's Education Course please stop by the Muckleshoot Wildlife Department or call 253-876-3268. Please sign up for the class by calling the listed number or stop by the Muckleshoot Wildlife Department.

# MUCKLESHOOT CHILD AND FAMILY SERVICES

Angel Tree Angels are ready!
All Employees

Please come to the Muckleshoot Child & Family Services
Office at your convenience to pick up an ornament and
sponsor a child in need. Our program has approx 160 children this year. Please return wrapped gifts to our office no
later than Dec 13th we will be having a dinner for the children
on December 17th to have Santa give the gifts this year.
In the past years, the generosity of our fellow employees has
made this program very successful. Our only wish is that
each child will receive a gift and touch their lives forever.
Thank you









P20 MUCKLESHOOT MONTHLY NOVEMBER 30, 2012

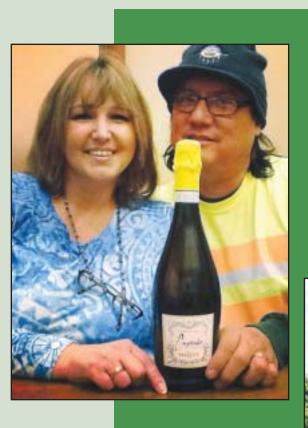
#### A Dream Becomes Reality for Clint & Linda Eyle

~ Submitted by Linda Eyle

Thank you to the Muckleshoot Indian Tribe for helping dreams become reality. We would like to thank all of those who participated in this process with us. To you we give our deepest gratitude:

To Cheryl O'Brien, for her attentiveness, thoughtfulness, and undying patience. %o Ama, for making herself available at the Budgeting class presented by Cheryl. This was a very helpful & useful tool. Kudos to the Home Loan Department for setting families up to succeed and not to live above their means. To our families and friends for listening to all the ups and downs of the home buying process. And, last but not least – to Jodie Weir, who hands-down is the best realtor out there. If you are looking for a home, please feel free to let Jodie know that Clint & Linda Eyle referred you. Her contact information is:

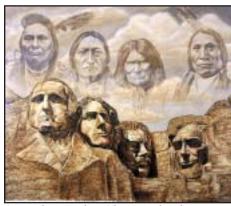
Jodie Weir Broker, Realtor, ABR, CBA Direct: 253-347-2080 Fax: 253-859-9727 jodietherealtor@ymail.com







#### Do you know a child who would like a Big Brother or Big Sister mentor from Big Brothers Big Sisters of Puget Sound at Muckleshoot?



among Native Americans occurred long before the arrival of the Colonists. Big Broth-

ers Big Sis-

ters of Puget

Sound Native

American

Mentoring

Initiative is continuing that strong tradition by offering tribal chil-

events nearby. Some examples re-

cently are the Woodland Park Zoo, The Experience Music Project, The Mariner Games to name only a few. Each mentor has to pass three background checks.

Research strongly indicates that children who have a consistent mentor show improvement in their school attendance, reduction of risky behavior and growth of their self esteem. Michael (CHiXapkaid) Pavel Ph. D.,

an enrolled Skokomish culture Keeper, and other noted Native American educators have written about the need to support Native American children in staying in school and setting high goals for themselves. This work helps build strong tribes of the future. We is especially open to building mentorship for children whose parent(s) are incarcerated, single, living below the poverty line, whose children are involved with the juvenile justice system.

In the local Big Brothers Big Sisters of Puget Sound Native American Initiative we are building continuing relationships with members of the Muckleshoot Community. One of our strongest allies and activist is Autumn Judge, who in 2012 received her B. A. In Education from the University of Washington. Recently Autumn was the recipient of a competitive full scholarship

to the Masters in Education Program at

Autumn Judge, a member of the Muckleshoot Canoe Family and community Liaison for Big Brothers Big Sisters of Puget Sound Native American Initiative

If you are interested in volunteering as a mentor or know of a child who would like to have a mentor you can contact the following people:

- Uri Israel 206-861-4721, uri.israel@bbbsps.org
- Or Steve Gallion at steve.gallion@bbbsps.org



# MCDC's Sky House goes to the Pumpkin Patch!























## **MUCKLESHOOT POLICE**



## **Muckleshoot Police October/November Recap**

Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges, but the individual has not been convicted.

10/03/12 9:00 AM 12-232300 Muckleshoot Pharmacy Forged Prescription

On 10/02/12 an adult male tried to have a forged prescription filled at the Muckleshoot Pharmacy for 90 30MG Oxycodone tablets

10/03/12 12:00 PM 12-232029 Muckleshoot Indian Reservation Narcotics Activity Report

Muckleshoot Police are actively investigating a report of drug activity on the reservation.

10/03/12 1:21 PM 12-232162 Skopabsh Village Trespass
Ryan Williams (29) was trespassed from Skopabsh Village for one year at the re-

quest of a Housing Authority staff member.

10/03/12 7:45 PM 12-169143 SE 392 ST/164 AV SE Missing Person

An adult male that was listed as a missing person was located by a deputy.

Located

10/04/12 10:00 AM 12-268812 Muckleshoot Indian Reservation Child Neglect

Child Protective Services (CPS) referral of a parent of a small child using drugs and stealing. Details are being kept confidential due to the nature of the case.

10/05/12 6:00 PM 12-234147 38500 block 172 AV SE Animal Neglect A deputy investigated a report of animal neglect involving three horses. The deputy was unable to determine if the horses were neglected or not, he wrote a case report and forwarded it to King County Animal Control for follow-up.

10/06/12 10:10 PM 12-235074 39100 block 164 AV SE Warrant Nicholas Wayne (20) was arrested on an outstanding Auburn misdemeanor Driving While License Suspended warrant and booked into the SCORE Jail.

10/07/12 1:45 AM 12-235202 41400 block Auburn-Enumclaw Rd Trespass

Kory Elkins (18) was arrested after attempting to enter a home of an elder through a window. He was arrested at another home shortly after this event (See next trespass report.)

10/07/12 2:59 AM 12-235803 41300 block 179 LN SE Trespass
Kory Elkins (18) was arrested for Trespass in the 1st Degree after entering a home of an elder through a window. Elkins was located in a locked bedroom. The elder was unaware his home was entered. Elkins was booked into King County Jail on these charges.

10/08/12 5:51 PM 12-236399 2100 block Auburn Way S Warrant Wassena George (31) was arrested on a no-bail Department of Corrections (DOC) warrant, a \$10,000 DUI warrant, a \$5,000 Assault in the 4th Degree warrant, and a second \$5,000 Assault in the 4th Degree warrant. George was booked into King County Jail.

**10/08/12 7:34 PM 12-236463 1500 block Auburn Way S Larceny** A female reported her medication missing from her purse after giving some subjects a ride in her vehicle. Investigation continuing.

10/09/12 3:07 PM 12-237093 38900 block 172 AV SE Trespass Clifford Locke (22) trespassed from all Muckleshoot Housing for a period of one year at the request of a Housing Authority staff member.

10/10/12 2:15 PM 12-237053 Muckleshoot Tribal School Disturbance Two students got into a verbal argument and had to separated by teachers. One of the students walked away from the school deputy when he arrived and would not comply with his commands. When the juvenile that walked away saw the other student again they tried to get at them to assault them and had to be physically restrained by the deputy. The incident was further handled by the school principle.

10/10/12 5:52 PM 12-238155 Muckleshoot Pharmacy Forged Prescription

Angela Mitchell (46) was arrested for trying to have a forged prescription for 200 10mgs of Methadone and 150 30mgs of Oxycodone filled. Mitchell was arrested and booked into the King County Jail for Investigation of Prescription Forgery.

10/12/12 4:26 PM 12-239790 2200 block Dogwood ST SE Driving While License Suspended

Robert Weed (36) was observed driving on a suspended driver's license. Weed was arrested via citation for "Driving While License Suspended in the Third Degree."

10/13/12 9:40 AM 12-239447 17900 block SE 384 ST Driving While

**License Suspended**Anthony Aase (45) was stopped for failure to stop at a stop sign. Aase was arrested via citation for "Driving While License Suspended in the Third Degree."

**10/14/12 11:37 AM 12-240895 14600 block SE 368 PL Theft** An elder had their wallet with \$23.00 in cash, a bank debit card, a tribal ID card and

a state ID card stolen from their bedroom. An adult female relative is suspected of

10/14/12 4:00 PM 12-224014 37900 block Auburn-Enumclaw RD SE

**Burglary**An elder had a Stihl weed eater stolen from their detached garage.

stealing the wallet.

10/14/12 7:58 PM 12-241176 SE 388 ST/Auburn-Enumclaw RD SE Warrant Arrest

Justin Rothermel (34) was stopped for a traffic violation. Rothermel had a misdemeanor warrant from Bonney Lake for DUI with a \$2,000 bail. Rothermel was arrested on the warrant and booked into the Buckley Jail.

10/15/12 2:00 AM 12-241314 17600 block SE 384 ST Warrant Arrests Floyd Brown (27) was arrested on a misdemeanor warrant from Pacific for "Driving While License Suspended" with a \$1,000 bail. Felicia Emery (21) was arrest on a felony Department of Corrections (DOC) warrant with no bail and a misdemeanor warrant from Auburn. Brown was transported to Pacific and turned over to a Pacific Officer. Emery was booked into the Enumclaw Jail on her DOC warrant.

John Brown (23) was arrested for multiple warrants to include trafficking in the first degree x2 with King County that holds a \$15,000 bail. Brown also had an Auburn warrant for Obstruction that holds a \$5,000 bail (C96681). John also holds a DOC no-bail warrant. Brown was booked into King County Jail.

10/16/12 5:25 PM 12-242639 2700 block of 24 ST SE Elder Abuse An APS referral was investigated by a deputy who determined along with APS workers that the allegations of a daughter threatening, taking money and kicking her out of her home, were unfounded and the case was closed.

10/17/12 12:10 PM 12-243182 2500 block Hemlock ST Drug Violation An adult male was contacted on the trail to the river. Three drug pipes and five

empty syringes were found on the male, no drugs were found. The male admitted to being a heavy heroin user. The pipes and syringes were confiscated.

10/18/12 2:10 PM 12-244136 Muckleshoot Library Theft
An adult female left her purse on a table while she went to the restroom, when she

came back her purse was open. The female's adult boyfriend's wallet and the keys to his pickup truck had been stolen from her purse.

**10/18/12 3:30 PM 12-244184 Muckleshoot Resource Center Theft** An adult female had her maroon 11" by 8" purse stolen while she was in the Resource Center

10/19/12 10:50 AM 12-244673 Muckleshoot Indian Reservation Elderly Abuse

A deputy is investigating a referral from Adult Protective Services (APS) of an elder being assaulted. Details are being kept confidential due to the nature of the case and an ongoing investigation.

10/22/12 1:30 PM 12-246759 Muckleshoot Police Station Fraud
An adult female reported being the victim of a fraudulent cashier's check that she thought was legitimately sent to her and it turned out to be a forged/fraudulent check.

10/23/12 12:34 AM 12-247184 37300 block Auburn-Enumclaw Rd Reckless Driving

A deputy observed a vehicle being recklessly driven and by the time he could catch up to it, the driver had exited the vehicle and fled on foot.

10/23/12 3:30 PM 12-247607 16200 block of SE 386 WY Theft
An adult female reported an IPad and a beaded medallion stolen from her residence when she discovered them missing while moving.

**10/24/12 4:18 PM 12-248446 Cedar Village Burglary**An adult female reported a burglary. A black XBOX 360 and five XBOX 360 games were taken.

10/24/12 5:27 PM 12-248493 Cedar Village Missing Children
A grandmother called the Muckleshoot Police about her two grandchildren missing
from the front yard. A deputy called the father, he said the children were with his
mother.

10/24/12 7:40 PM 12-248579 39200 block 164 AV SE Prowler

An adult female returned home and saw a white Ford Econoline conversion van with a blue stripe parked behind her house. The van drove off when they saw the female returning home. No entry was made into the house.

10/25/12 9:00 AM 12-249070 38900 block Auburn-Enumclaw RD SE Theft

An elder female had an Eddie Bauer backpack containing various items stolen from her home.

10/25/12 7:59 PM 12-249503 38500 block 161 DR SE Disturbance
Deputies responded to the report of four persons in the street arguing. A very intoxicated adult female was found laying on the ground. The female complained of pain to her shoulder, hand and had a small amount of blood on her lower lip. An adult male was contacted at the house, he also had a small amount of blood on his lip. No one would provide enough information for deputies to make an arrest or charge anyone. The female was transported to the hospital by a private ambulance for medical treatment.

10/26/12 4:00 PM 12-249872 Skopabsh Village Trespass

Joseph Roberts (33) was trespassed from all Muckleshoot Housing Authority property for a period of one year at the requested of a Housing Authority staff member.

Alyssya Louie (20) was arrested after she stole Methadone pills from an elder in their home. Louie told the arresting deputy that she took two of the pills and gave the deputy the three pills she had not used yet. Louie was booked into the King County Jail for "Possession of a Controlled Substance."

10/29/12 1:08 PM 12-252131 Academy DR and Auburn Way S Warrant

Rodney Jansen (23) was arrested on an Auburn misdemeanor warrant for "DUI" with a \$10,000 bail. Jansen was booked into the SCORE Jail.

10/29/12 2:12 PM 12-252197 38900 block Auburn-Enumclaw RD SE

**Assault**Gerri Elkins (39) was arrested via citation for "Assault in the Fourth Degree" after she assault an adult female relative. Elkins left the scene after the assault and was not located.

10/29/12 9:45 PM 12-252514 39000 block 164 AV SE Warrant Arrest Rebecca Underwood-Elkins (22) was arrested on a felony warrant for "Possession of a Stolen Vehicle" with a \$5,000 bail and a misdemeanor warrant for "Theft in the Second Degree" with a \$10,000 bail. Both warrants were from King County. Underwood-Elkins was booked into the King County Jail.

10/30/12 2:30 AM 12-252615 38900 block Auburn-Enumclaw RD SE Assault

Wallace Wilson (37) was arrested for "Assault in the Fourth Degree" when he assaulted an adult female relative. Wilson was booked into the King County Jail.

10/30/12 2:30 PM 12-253014 37900 block Auburn Enumclaw RD SE Warrant Arrest

Leon Brown (25) was arrested on a misdemeanor "Malicious Mischief" warrant. Brown was booked into the RJC.

10/30/12 5:37 PM 12-253134 16000 block SE 385 CT Drunkenness
An adult male was involuntarily committed to de-tox after found causing a disturbance, then while attempting to hide from the police, stumbled and fell, hitting his head, leaving him unconscious for a few minutes. The male was transported via ambulance for treatment of his head injury and de-tox for his own safety.

10/30/12 10:19 PM 12-253316 16200 block SE 386 WY Warrant Arrest Michael Starr (38) was arrested on an outstanding "Driving While Revoked in the First Degree" warrant after being contacted walking intoxicated down the road. The warrant out of King County held a \$2,500 bail. Starr was booked into King County Jail.

10/31/12 11:00 AM 12-253642 Davis Property Attempted Burglary
An elder female reported an attempted burglary to her house overnight. The elder woke when her dogs started barking during the night, in the morning she found a screen partially pried off a front window.

11/01/12 2:48 AM 12-254332 38900 block Auburn-Enumclaw RD SE Rape
Kory Elkins (19) was arrested and booked into the Regional Justice Center Jail for

investigation of "Rape in the First Degree" for the sexual assault of a juvenile.

11/02/12 10:44 PM 12-255834 3300 block Auburn Way S Assault A known adult male attempted to hit a deputy with a pick-up truck when the deputy was approaching the male's vehicle on foot. The deputy conducted a traffic stop of the male as he has a warrant for his arrest. The male fled on foot after crashing the truck a few blocks away, he was not located.

11/03/12 6:07 PM 12-256493 Muckleshoot Deli Warrant Arrests
Codey Ammons-Brock (23) and Wade Brown (45) were each arrested on Department of Corrections (DOC) felony warrants for "Escape from Community Custody" each with no bail. Brock and Brown were booked into the Enumclaw Jail on their warrants.

11/04/12 3:15 AM 12-256777 41400 block Auburn-Enumclaw RD SE Burglary

Floyd Brown (27) was arrested for investigation of "Residential Burglary" and booked into the King County Jail. Brown had been located hiding in the woods at a different location.

11/05/12 1:01 PM 12-257722 41300 block 179 LN SE Burglary An elder male reported that on the night of 10/31/12 someone entered his home and stole his wallet while he was sleeping.

11/06/12 12-258680 37000 block Auburn-Enumclaw Rd Vulnerable adult

An investigation into an on-going vulnerable adult exploitation.

11/06/12 5:19 PM 12-258787 14500 block of SE 368 ST Accident-Injury

An adult female was injured after failing to secure her vehicle in the "parked" position, the vehicle rolled, knocking her down and rolled on top of her. She was transported to Harborview Hospital with critical injuries.

11/07/17 7:00 PM 12-259630 38700 block 162 CT SE Juvenile Runaway

A mother reported her juvenile child as a runaway. The mother hasn't seen the child since 10/30/12 and thinks the juvenile may be having a sexual relationship with an adult male.

11/08/12 1:05 PM 12-260137 Skopabsh Village Warrant Arrest
Nathen Baker (32) was arrested on a King County misdemeanor warrant for "DUI"
and an Auburn misdemeanor warrant for "Domestic Violence (DV) Violation of a
Protection Order" and "DV Criminal Trespass in the First Degree." Baker was
booked into the Regional Justice Center Jail. Baker was also trespassed from all
Muckleshoot Tribal Housing for a period of one year at the request of a Housing

11/08/12 8:45 PM 12-260430 Twin Firs Apartments Warrant Arrest/ Violation of a Court Order

Authority staff member.

James Baldwin (40) was arrested on a Department Of Corrections (DOC) warrant for "Escape." The adult female and the adult male who lived at the apartment had a "DV No Contact Order" against Baldwin. Baldwin was also arrested on two counts of felony "DV No Contact Order" violations. Baldwin was booked into jail.

11/08/12 10:17 PM 12-260531 Davis Property Disturbance

A deputy was called to a disturbance at a house. An adult male was accusing his adult female girlfriend of stealing his Oxycodone pills. The girlfriend said that the male has been taking more pills than what is prescribed to him and that is why there are more pills gone then should be.

11/09/12 4:15 PM 12-255834 Federal Way Warrant Arrest Albert Whiteeagle Jr (28) was arrested on a felony warrant for "Assault in the First

Degree" with a \$150.00 bail. Whiteeagle was booked into the King County Jail.

11/10/12 5:27 PM 12-261786 38500 block 172 AV SE Warrant Arrest A juvenile was arrested on a King County warrant for "Assault in the Fourth Degree" and "Violation of a Court Order." The juvenile was booked into the King County Juvenile Detention Center.

11/10/12 7:50 PM 12-261989 Skopabsh Village Juvenile Runaway A father reported his juvenile child as a runaway. The child said they were going to spend the night at a friend's house, when the father called the friend's house he was told the child did not spend the night there.

11/11/12 10:55 PM 12-262706 SE 368 ST/Auburn-Enumclaw RD SE Warrant/DUI Arrest

Cesar Mendoza Flores (33) was stopped for investigation of DUI. Mendoza Flores had a misdemeanor warrant from the Washington State Patrol (WSP) with a \$5,000 bail. Mendoza Flores was turned over to a WSP trooper on the warrant and for investigation of the DUI.

11/12/12 12:41 PM 12-262958 40300 block Auburn-Enumclaw RD SE Operator's License Violation

A juvenile was stopped for a vehicle license violation. The juvenile did not have a driver's license or proof of vehicle insurance. The juvenile was cited for "No Valid Operator's License without ID" and "No Vehicle Insurance."

11/13/12 8:31 AM 12-263509 172 AV SE/SE 392 ST Driving While License Suspended

Darla Dominick (46) was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

11/13/12 9:33 PM 12-264051 37000 block Auburn-Enumclaw RD SE Assault

William Barr (26) was arrested for assaulting and adult male relative that he lived with. Barr was booked into the King County Jail for "Domestic Violence (DV) Assault in the Fourth Degree."

An adult male was contacted walking in the roadway. The male was intoxicated and apparently on drugs. The male kept jumping into the roadway while the deputy was talking with him and then passed out. The male was treated by aid at the scene and sent to the hospital by a private ambulance for detox.

11/14/12 10:55 AM 12-264476 37000 block Auburn-Enumclaw RD SE

**Driving While License Suspended**Zoila Vazquez (44) was stopped for an equipment violation. Vazquez was cited/arrested via citation for "Driving While License Suspended in the Third Degree."

11/14/12 2:43 PM 12-264621 38900 block Auburn-Enumclaw RD SE

Warrant Arrests
Gerri Elkins (39) was arrested on a felony Department of Corrections (DOC) warrant for "Escape from Community Custody." Robert Elkins (21) was arrested on a misdemeanor Auburn warrant for "Theft in the Third Degree" with a \$5,000 bail.

Both Gerri and Robert were arrested on their warrants and booked into the SCORE Jail.

# EMERGENCY PREPAREDNESS



#### **Before Winter Storms and Extreme Cold**

To prepare for a winter storm you should do the following:

- Before winter approaches, add the following supplies to your emergency kit:
- Rock salt or more environmentally safe products to melt ice on walkways. Visit the Environmental Protection Agency for a complete list of recommended products.
- Sand to improve traction.
- Snow shovels and other snow removal equipment.
- Sufficient heating fuel. You may become isolated in your home and regular fuel sources may be cut off. Store a good supply of dry, seasoned wood for your fireplace or wood-burning stove.
- Adequate clothing and blankets to keep you warm.
- Make a Family Communications Plan. Your family may not be together when disaster strikes, so it is important to know how you will contact one another, how you will get back together and what you will do in case of an emergency.
- Listen to a NOAA Weather Radio or other local news channels for critical information from the National Weather Service (NWS). Be alert to changing weather conditions.
- Minimize travel. If travel is necessary, keep a disaster supplies kit in your vehicle.
- Bring pets/companion animals inside during winter weather. Move other animals or livestock to sheltered areas with non-frozen drinking water.

#### WINTERIZE YOUR HOME

- Winterize your home to extend the life of your fuel supply by insulating walls and attics, caulking and weather-stripping doors and windows, and installing storm windows or covering windows with plastic.
- Winterize your house, barn, shed or any other structure that may provide shelter for your family, neighbors, livestock or equipment. Clear rain gutters; repair roof leaks and cut away tree branches that could fall on a house or other structure during a storm.
- Maintain heating equipment and chimneys by having them cleaned and inspected every year.
- Insulate pipes with insulation or newspapers and plastic and allow faucets to drip a little during cold weather to avoid freezing. Running water, even at a trickle, helps prevent pipes from freezing.
- All fuel-burning equipment should be vented to the outside and kept
- Keep fire extinguishers on hand, and make sure everyone in your house knows how to use them. House fires pose an additional risk, as more people turn to alternate heating sources without taking the necessary safety precautions.
- Learn how to shut off water valves (in case a pipe bursts).

- Insulate your home by installing storm windows or covering windows with plastic from the inside to keep cold air out.
- Hire a contractor to check the structural ability of the roof to sustain unusually heavy weight from the accumulation of snow - or water, if drains on flat roofs do not work.

#### WINTERIZE YOUR VEHICLE

Check or have a mechanic check the following items on your car:

- Antifreeze levels ensure they are sufficient to avoid freezing.
- Battery and ignition system should be in top condition and battery terminals should be clean.
- Brakes check for wear and fluid levels.
- Exhaust system check for leaks and crimped pipes and repair or replace as necessary. Carbon monoxide is deadly and usually gives no warning.
- Fuel and air filters replace and keep water out of the system by using additives and maintaining a full tank of gas. A full tank will keep the fuel line from freezing.
- Heater and defroster ensure they work properly.
- Lights and flashing hazard lights check for serviceability.
- Oil check for level and weight. Heavier oils congeal more at low temperatures and do not lubricate as well.
- Thermostat ensure it works properly.
- Windshield wiper equipment repair any problems and maintain proper washer fluid level.
- **Install good winter tires** Make sure the tires have adequate tread. Allweather radials are usually adequate for most winter conditions. However, some jurisdictions require that to drive on their roads, vehicles must be equipped with chains or snow tires with studs.

#### Update the emergency kits in your vehicles with:

- a shovel
- windshield scraper and small broom
- flashlight
- battery powered radio
- extra batteries
- water
- snack food
- matches
- extra hats, socks and mittens
- first aid kit with pocket knife
- necessary medications
- blanket(s)
- tow chain or rope
- road salt and sand
- booster cables
- emergency flares
- fluorescent distress flag

#### GAS FURNACE NO HEAT & EMERGENCY TIPS

#### 1. CHECK THERMOSTAT.

Is it set in "heat" position? Is it set above (higher than) indoor temperature showing on thermostat, to trigger furnace to turn on.

#### 2. CHECK POWER.

Turn fan "ON" using fan switch on thermostat to test for power. If not working, check circuit breakers on electrical panel.

#### It looks like a light switch located at or near furnace, to be sure it is in "ON" position.

3. CHECK SAFETY SHUT OFF SWITCH.

Make sure all return air or air supply registers are not blocked by furniture and are open & blowing air.

5. Has FURNACE FILTER been replaced recently?

IN EMERGENCY - Shut off gas and electricity. Call for 24 Hr. Service.

Call 24-Hrs/7Days - 800 398 HOME (4663) WashingtonEnergy.com

#### WATER HEATER EMERGENCY SHUTDOWN PROCEDURES

#### 1. TURN OFF THE GAS OR ELECTRICITY

GAS: Twist dial on top of thermostat from ON to OFF. ELECTRIC: Switch circuit breaker (main breaker box) for water heate

#### 2. TURN OFF THE WATER SUPPLY

Turn handle on water valve clockwise until it stops. If water does not stop, turn off main water valve for entire house.

#### 3. DRAIN WATER HEATER

Attach a hose to drain valve at bottom of tank. Run other end of hose to a lower place where you can drain rusty hot water without causing damage. Open a hot water faucet in house to let air into tank.

4. OPEN THE RELIEF VALVE - Flip handle so it is sticking straight out

5. CALL 1-800-398-4663 FOR SERVICE

Call 24-Hrs/7Days - 800 398 HOME (4663) WashingtonEnergy.com





Have a Grab 'n Go Bag for each person in the house and attach it to the bed.

ADULT

- Flashlight, batteries, and light sticks
- Portable radio and batteries
- Keys (house and car) Money (coins and bills)
- Glasses, contact lenses and solutions Medications (at least one week supply)
- Comfortable shoes, two pairs of socks Comfortable clothing (sweats, extra
- underwear) Jacket, cap or hat
- Whistle (call for help if trapped)
- Sunscreen
- Pocket knife Watch or clock
- Paper and pencil "Okay" and "Help" signs
- Lists of people to notify of you are injured

Emergency phone list, out-of-state

- Copies of important documents: insurance, identification, social security,
- Small first aid kit

- toothpaste, soap, razor, washcloth, face towel, shampoo, lotion, lip balm, emery board, nail clipper, sanitary products, tissue, etc.
- Zip-lock bags, plastic grocery bags
- Plastic ground cloth Emergency tent
- Hammer and folding shovel
- Crow bar (may need to move debris)
- place, minimum one gallon per person)

than one year)

#### SENIORS OR DISABLED These items are in addition to the Adult Grab 'n Go Bag.

- Food for special diet needs Batteries for hearing aids, wheelchair,
- List of model and serial # of medical

Special supplies: oxygen, catheters, etc.

- Formula, disposable bottles, nipples
- Diapers and wipes
- Instant baby cereal
- Bowl and spoon
- Sunscreen
- At least two changes of clothes
- Light Jacket

- Thermometer
- Medicine dropper and Medications Pedialyte, electrolyte replacement solution
- Firm soled shoes
- Toys, books, stuffed animals Authorization to Consent to Treatment of Minor Form, completed

- Toilet articles: comb, toothbrush,
- Toilet Paper
- Good book, playing cards, crossword puzzles

Work gloves, several pairs of latex

- Lightweight blanket
- Hard Hat Dust Mask (two)
- Rope Drinking Water - store in a separate
- Snacks (granola bars, trail mix, peanut

Prescriptions for eyeglasses (not older

Personal sanitary items (Protective

#### undergarments, disposable bags, ties,

☐ For guide dogs see Pet Grab 'n Go Bag

- Water INFANTS AND TODDLERS Food (canned, dehydrated, These items are in addition to the Adult Grab 'n Go Bag. snacks)
  - Comfortable walking shoes Money (coins and bills)
    - Flashlight (extra batteries) First Aid Kit (bandages, gauze, etc.)

Sweater or jacket, extra clothing

#### PETS

- Keep your pet Grab 'n Go Bag in an easily accessible location near your own emergency supplies.
  - Pet carrier or crate for each pet Name, address and
  - phone number of veternatian
  - People to contact to take care of the animal Vaccination and medical
  - records List of Special Instructions

#### Pet First Aid Kit Scissors

Guaze pads

Wipes Instant cold pack Adhesive tape 

Soap

Tweezers 

#### CAR EMERGENCY KIT

□ Water

Food

Water

Bowls

Leash

Muzzle

Treats

Toy

Poop scooper, bags

Extra Name Tag

License number

u.

- Food (canned, dehydrated, snacks)
- Sweater or jacket, extra clothing Comfortable walking shoes
- Money (coins and bills) Flashlight (extra batteries)
- Space Blanket First Aid Kit (bandages, gauze, etc.) Pocket Knife
- Matches (waterproof) Flares Fire Extinguisher
- Work gloves Jumper cables

- Pencil and paper
- Tools (screwdriver, pliers, wire, crowbar,
- Emergency Phone Numbers, including your contact person Maps of your most often traveled routes
- Personal items (eyeglasses, toothbrush, soap, tissue, hand wipes, etc.)
- Special needs (medication, diapers, infant formula, etc.)
- Favorite book, crossword puzzles, or games

#### OFFICE EMERGENCY KIT



- Emergency Phone Numbers, including your contact person
  - Personal items (eyeglasses, toothbrush, soap, tissue, hand wipes, etc.)
    - Medication
    - Favorite book, crossword puzzle, or games
  - List of people to notify if you are injured
    - Keys (house and car)

#### **PERSONAL PROPERTY NOTICE**

The Tribe is holding personal property belonging to the persons listed below. Anyone claiming to be a successor in interest to those listed and claiming a right to the held property should contact Tammy Byars at (253) 876-3139 or tammy.byars@muckleshoot.nsn.us or Denise Smutny at (253) 876-2816 or denise.smutny@muckleshoot.nsn.us.

Norma J Rodriguez
Wayne Lobehan
Amos Courville
Jamie L Avery
Marla Nelson
Delwin Courville Sr
Sheryl Sneatlum

# Catholic Mass

Every Sunday at 1:30 p.m. please join the Tacoma Kateri Circle and Father Pat Twohy, S.J. in celebrating the Catholic Mass. Native American Catholics are encouraged to celebrate the sacraments whether you are a regular parishioner or have not been to mass in months or years. Every third Sunday at 12:45 p.m. we have our Kateri Circle meeting, we are seeking new members. After the mass we will have a delicious potluck. St. Leo's is located at 710 South 13th Tacoma, WA 98409.

Our website is www.katericircle.com

# **Cobell Questions?**

#### **Landowners/IIM Account Holders**

If you have questions regarding the Cobell Lawsuit or know someone who may have questions/concerns, talk to a well-informed person with the "Garden City Group" (GCG) by calling their toll free number:

1-800-691-6109, or e-mail them at: info@IndianTrust.com

#### CULTURAL WELLNESS GATHERINGS

#### AA Meeting

The Foundation
Muckleshoot Recovery House
39225 180th Ave SE
Auburn Wa. 98092

Every Tuesday 12-1PM Lunch Served

Feather Healing Circle 39015 172nd Avenue SE

Tuesdays 5:00 pm

Auburn, WA

**Grief and Loss** 

Grief and Loss
Support Group

Wednesday's 6:00pm -8:00pm

Behavioral Health, Bear Lodge

Thursdays 5:00 pm

**Boys Mentoring Group** 

Muckleshoot Tribal College

Women's Group

Muckleshoot Behavioral Health

Thursday's 4:30 pm to 9:00 pm

Al-Anon Meetings

Auburn First United Methodist Church Monday 10:30 a.m.

E. Main & N St. S.E. Auburn, WA 98002

Federal Way Sunrise United Methodist Church

Monday 6:30 pm

150 S. 356th St. Federal Way, WA 98003

Have you ever considered a career in

# gaming regulation?

# THE MUCKLESHOOT GAMING COMMISSION

regularly posts openings at the Casino, Tribal Headquarters, and the Commission office.

Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.



Muckleshoot Tribal Court of Justice In and for the Muckleshoot Indian Reservation Auburn, Washington

IN RE THE CUSTODY OF:

B.K.H.

DOB: January 19, 2005 Case No.: MUC-CiJ-8/11-184

NOTICE OF HEARING ON PETITION FOR CUSTODY, VISITATION & CHILD SUPPORT

To: Father: DAVID HAMILTON Mother: LAYLA BENNETT

YOU AND EACH OF YOU will please take NOTICE that a PETITION FOR CUSTODY, VISITATION & CHILD SUPPORT HEARING has been scheduled for FRIDAY the 4<sup>TH</sup> DAY OF JANUARY, 2013 at 11:30 AM in the Muckleshoot Tribal Court of Justice located at the legal building at 39015 172<sup>nd</sup> Avenue SE, Auburn, WA 98092.

The purpose of this hearing is to hear testimony and present evidence as to the paternity and custody of the youth regarding custody, child support and visitation.

The parents, guardian and custodian of the youth are each entitled to have someone represent them at this hearing at your own expense – meaning that they will be solely responsible for any fees charged by the person.

If you have any questions regarding the nature of this hearing or the location of the Court, please call the Court Clerk- 253-876-3203.

DATED this 19th day of November, 2012.

<u>/S/Bobbie Jo Norton</u>
BOBBIE JO NORTON
OFFICE OF THE MIT COURT CLERK

#### **MUCKLESHOOT INDIAN CASINO**

You can now apply for jobs ON-LINE

Visit <a href="www.muckleshootcasino.com">www.muckleshootcasino.com</a> and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call

Human Resources Hours:

Monday – Wednesday 9am to 6pm
Thursday 9am to 9pm
Friday 9am to 5pm
HR Phone Number 253-929-5128





St. Claire's Mission Chapel Muckleshoot Reservation 3rd Saturdays at 5:00 PM

#### ATTENTION MUCKLESHOOT LANDOWNERS:

**Reminder** to update your address & or phone number when there is a change in services. The Muckleshoot Realty department 253-876-3170 and OST toll free number 1-888-678-6836. This will enable us to provide important notices of meetings and or signing authority. The BIA/OST will contact you if they have issues that need immediate attention such as but not limited to your IIM statements and Probate hearing notices. *Thank you, Realty staff* 

# Come work for **Your** Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at www.muckleshoot.nsn.us



#### EVENTS CALENDAR

December 6

Holiday Family Fun Night Celebration - 5:00 - 7:30 pm. Wellness Center Members. For info call 253-333-3616

December 17

Muckleshoot Festive Holiday Celebration

- 6-9 pm at Pentecostal Church

December 27-30

**Muckleshoot Adventures Winter Camp** - Age 7-17. Sign up before December 14th. Call Stephanie Flesher at 253-876-3357 for more details

SUBMIT YOUR ITEMS FOR
THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

#### Community Involvement



Hello to all Tribal Members, Community members, with all that like to work or get involved with our Community Events — pow-wows, Canoe Journey, stick games, etc. Please know that when you work these events a Urinalysis Test (UA) needs to be done one week before you can work the event.

Also, Human Resources will need you to fill out a packet of paperwork, and with that paperwork you will need to provide 2 pieces of ID. Here is what works for ID: a Driver's License with a Tribal ID, certified birth certificate, or Social security card. On one of the forms that you will fill out there is a list of documents that may be used as Identification.

HIRING SUPERVISORS OR COMMITTEES: If you have any questions for the process please don't hesitate to call Human Resources and we will be happy to assist you. If you have an idea of when the event will take place and we have time it's possible that we can bring US Health Works to the Human Resources office.

#### PER CAPITA REMINDERS

- When you turn 13 or 18 during a Per Cap Distribution and you have Direct Deposit you will need to turn in a <u>New Direct Deposit form for your new Age group otherwise we will cancel your Direct Deposit until we receive a new one. Teen Direct Deposit Form (orange) Adult Direct Deposit Form (brown) or Seniors (green)
  </u>
- 2. If you want someone else to pick up your Per capita Check you need to fill out an Authorization Form and have it notarized and turn it into Tax fund. We will not accept forms that are not notarized.
- 3. If you have closed your Bank Account please notify Tax Fund As Soon As Possible so that we can cancel your Direct Deposit. If you wait and we have already send in your Deposit to the Bank you will have to wait until the Bank sends a letter to Tax Fund stating that the deposit did not go through (this can take 1-5 days), then we have to print you a check. This will delay you getting your money in a timely manner.
- 4. If you or a family member are incarcerated and want to notify Tax Fund of what you would like us to do with your Per Cap (mail, put in someone else's name, hold it or just want someone to pick it up) We require a letter to be mailed to Tax fund directly from the jail so it is unopened when we receive it. This is the only way Tax Fund will follow the request being made from an incarcerated Tribal Member
- 5. Things to double check before Per Cap Distribution to make sure Tax Fund and Enrollment has your correct information:
  - Address Change has been updated
  - Your name has changed and you have a Social Security Card showing your new name. Enrollment will need a copy of this before Tax Fund can change in their system.

# FAMILY



Homecoming

#### Cameo Jerry & Kaylee Jerry

Homecoming 2012 Auburn Senior High School

You two are growing too fast! I love you beauties with all my heart!

Auntie Janet



Jose Sanchez Hernandez & Alyssa LaVigne.

#### **HOMECOMING 2012**

Enumclaw High School

Jose Sanchez-Hernandez w/his girlfriend Alyssa LaVigne

To our youngest son, Jose! We are very proud of the young, responsible man you have become! Love the both of you!

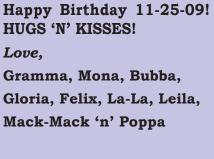
Mom & Dad



**BEAUTIFUL** 



Jose 'n' Alyss, dodgeball winner at Halloween





Val & Reginald Daniels Jr.



HUGS 'N' KISSES! Love, Gramma, Mona, Bubba, Gloria, Felix, La-La, Leila, Mack-Mack 'N' Poppa.

To a very special man in my life My dad

#### **Pete Jerry** (Bucslah)

December 11th Hope your day is filled with lots of love!! Love you

Missy, Bailey, and Josiah

Happy Birthday Dad/Papa Kenny Williams!!!

Sherina, Stacey, Stacer, Sammy, Saleena, Scotty

### **Birthday Wishes from Lisa Elkins**



November 13th - Happy 23rd Birthday John Elkins IIII love you! Auntie Lisa & Thunder



10-25 ~ Happy 1st Birthday Katiriann!.



Elkins Family - Chelsea, Shahayla, Desiree, John IIII, John Jr., front- Kaylie, James,



John Elkins Jr. & Grandson Blaine Elkins.



Happy 4th Birthday Kaylie Elkins.



October 25th - Happy 10th Birthday James Elkins!



October 3rd-Happy 1st birthday Chelsea.



November 18th- Happy Birthday Sister Erica love you!!, Lil bit & Kids.



November 20th - Happy 15th Birthday Shahayla Elkins love you! Auntie Lisa & Thunder Crew



To my Twins, Crystal & Celeste Edwards ...

Happy Sweet 16 Nov. 12th ... Love, Dad



I would like to say Happy Birthday to my wonderful Sister Susan Starr, May the Lord be with you through all of the hard times and watch over

I love you Sister....

Colleen







Wow! End of the Year is fast approaching. I had so much fun this year, blessed with a new job here at Public Works with great Supervisors, my son caught his first fish! I found happiness in the form of a job I enjoy, with people I like to see daily, our **Muckleshoot Community**. Muckleshoot is one of the best places to work. I'm sure others would agree. I am able to have my own place, health insurance for my son and I. These are things we as parents need to worry about. I just want to say thank you to Muckleshoot Indian Tribe for another great year! May 2013 have many blessings for

#### Love, Vanessa & Loren (aka PNU7) Simmons

Dear Muckleshoot Monthly,

I've recently been transferred back to O.C.C. Could you please have my much-loved paper sent to the info given below? Thank you very much and my love goes out to the tribe.

Prayers be with you,

Dennis Giancoli #933492 Ozette F-7-L 11235 Hoh Mainline Forks, WA 98331

#### Hello from Clallam Bay...



I've once again moved facilities and wanted to give you, my family and friends, my updated addressing information. I'm doing good, it's a good move for me, coming back to the Bay up her in Forks. There's a lot of Good Natives here, so I've got good com-

Also, I'd like to take this opportunity to send my love and respect to a fellow Muckleshoot Bro in the Iron House. "Indio," how are you Bro? I hope you got to go close to home. Our Bro RB is getting ready to start his journey home and could use a helping

hand, so if you get a chance, you should look him up.

Well, with that said, I hope everyone out there reading this is well and in good health for this upcoming winter season. My thoughts and prayers are with you. My new address:

Michael Gulla DOC#315728 Clallam Bay Corrections Center 1830 Eagle Crest Way Clallam Bay, WA 98326

This is a picture of a piece I got while incarcerated. What do you think?